

## The Adams Earn & Learn Program: 5 Tips to Prepare for that First Job Interview

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You graduated from high school or university, and now you are ready for your first real job. First, you have to prepare for your first job interview. Before that, you must practice the tough interview questions and answers. You have just been e-mailed and called for your first interview. How can you get good rewards from the interview? Besides, if you don't have any experience you should know how to get a job without experience.

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### What should I do for my first job interview?

#### 1. Dress professionally

You're going to work, not the beach, no midriff shirts, low-cut blouses, or flip-flops. While it is not necessary to buy a dress, it is especially important to have a professional look. If you're targeting to get a job in a traditional office, such as an accounting firm, don't get dressed like you're going to a concert. If you are applying for a retail position, you have a little more freedom. Instead of listing what clothing is and what is not acceptable, let me tell you, you dress like you're going to meet one of the most influential people in your life – because of you!

#### 2. Make sure you are doing well.

It doesn't feel like you have rolled out of bed, you can't worry about taking care of basic personal hygiene. Interview the HR manager faster than unkempt hair, dirty nails, or body odor. As an employee, you are a reflection of the company, and no customer wants to do business with a dirty person.

#### 3. Take care of your body language

Washing your hands at the beginning of the interview shows that you are confident. Make eye contact, stay relaxed, and focus on the interviewer. Ask a few questions and listen very carefully to the answers. Before answering the interviewer's questions, think – Have a conversation about the topic without worrying.

#### 4. Prepare for the first job interview

Research the company ahead of time – Every business now has a website where they can learn what they do and who their customers are. This shows that you are an interviewer interested in the job and have taken the initiative to find out all you can about the company.

#### 5. Attend the interview

I interviewed candidates who were waiting for a bus. They didn't ask questions, they listened to me instead, and I wasn't sure if they were paying attention. Even though this is your first job interview, be passionate, ask more questions, and participate in the interview. After listing all the duties needed for the position, I asked one candidate if this was something she was interested in. Her answer was quiet, "I can do that." She didn't answer my question. She seemed uninterested, and she didn't get a job. If the interview doesn't make you nervous, you won't even feel energized in the workplace.

First impressions count, and the interviewer needs to know that you need a job, is willing to work hard, and will do your best. You may not be the most qualified candidate because this your first job interview but still, get the job because you were the most prominent one. Good luck!