



Planning and Evaluation Tracking

College Year: 2008-09

Division of: Behavioral Studies

Person Responsible: Jerry Moller

Department of: Fitness And Life Services

Person Responsible: Craig Clifton

Purpose Statement:

Improve quality of life through education.

Goal Statements	Objectives/Outcomes (including assessment tools and standards)	Results	Use of Results (including improvements and revisions)
1.Improve the level of physical fitness of AC students	1. 90% of students who pass an activity class(grade of C or higher) will score at least 10% higher on a class appropriate fitness test administsered at the beginning and the end of each semeser.	1. 27 %overall improvement of all students. 11 classes out of 55 classes did not have at least 10% overall improvement in fitness level. Data on individual students is not available using the current database.	1.Use a different data base system or set new outcomes. Evaluate why improvement was less in the 11 classes that did not show a 10% improvement and make changes to improve on this number.
2.Prepare individuals for professional careers in the Health and Fitness industry.	2. 60% pass rate of PHED students who attempt one of the following exams: a. NSCA Certification Exam b. AFFA Certification Exam c. TASO Certificaion Exam	2. 14 out of 20 students(70%) who attempted the exams passed.	2. Objectives were met. We can always look for new ways to improve the pass rate even more in all three of our certification classes.

3. Provide quality nutrition education.	<p>3.a) After taking the Principles of Nutrition class, 80% of students who complete the course and are given a pre and post test, should score 3 out of 5 on questions given on the post test.</p> <p>b) After taking the Principles of Nutrition course, 80% of students enrolled upon completion will exhibit changes in personal nutritional habits and attitudes as illustrated by a pre and post test.</p>	<p>3.a) No data available</p> <p>b) Only anecdotal data available.</p>	<p>3.a) Analysis- Program had not yet collected data. Action Plan- Objective re-written. Pre and post test will be given. Data will be collected for 2008-2009.</p> <p>b) Analysis- This outcome statement is not measurable using a pre and post test method. Action Plan- This outcome statement has been closed out. Data will be excluded for 2008-2009.</p>
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revised 8/1/05