

Melissa S. Eder

From: Tricia McGuire
Sent: Friday, October 17, 2014 10:38 AM
To: Heather L. Atchley; Heather L. Voran; Lisa M. Bentley; Craig B. Clifton; Connie A. de Jesus; Lynne A. Groom; J.R. Norman; Trent A. Oneal; Cindy Lanham; Tony M. Tackitt; Beau M. Waldrop; Jeff Wallick; Judy E. Massie
Subject: Wellness Committee Meeting

Thank you to those who attended our wellness committee Wednesday.

In attendance was Connie de Jesus, Beau Waldrop, Craig Clifton, Trent Oneal and Tricia McGuire.

After reading the committee guidelines and reviewing the definition of wellness, we decided that the following items are our focus this Fall:

Continue with the AC Wellness Facebook Page

Support the AC Food Pantry

Engage in a "Wellness Challenge" through social media the week of November 17-21! The prize(s) will be a turkey!!!

We will meet again November 12th at 1:30pm at CFC 117. Hope to see you there!

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