

Wellness Committee Meeting

February Meeting Minutes

Date: Tuesday, February 23, 2016

Time: 4:00 p.m.

Members Present: Trent Oneal (Chair), Joshua Blashill, Stefanie Carruth, Craig Clifton, Connie de Jesus, Tricia McGuire, Rita Wilson

Topic – “Miles for Meals” program

Last year the “Miles for Meals” program raised \$1,056.89 for the AC Food Pantry. United gave gift cards for the students to use on perishable food and items they can’t receive through the food pantry. Trent spoke to Sandie Firestone at the Amarillo Region United and was told that he could fill out an online form, but couldn’t be guaranteed any donation until April 1st.

Due to the lack of definite commitment from United, the committee decided to give prizes through a drawing or most miles. (Need clarification on this.) Money will be raised for the food pantry by entry fees and donations.

Assigned Duties

- Rita & Trent – will talk to the Business Office and Heather Voran about setting up a Course ID so participants can register online and pay at any counter or by calling AskAC with a credit/debit card number
- Stefanie – will contact Scarboroughs and/or Armadillo Designs about T-shirts (looking for possible donation)
- Stefanie – will update T-shirt design
- Stefanie & Connie – will work on promoting the event
- Connie – will update miles entry form
- Calee – will talk to Dennis about Kindle Fire
- Cindy – will talk to AC Foundation about Scholarship for student
- Craig – will take care of petty cash for ANB gift card

Event Details

- March 28 – May 6 (6 weeks)
- Average goal – 2 miles per day
- Cost – Faculty/Staff \$10 | Students \$5

If you know of any potential sponsors, please contact Trent ASAP.

Everything needs to be ready to go by March 8th!

Next meeting Tuesday, March 8, 2016 – 4:00 pm