

Melissa S. Eder

From: Steven G. Smith
Sent: Thursday, October 18, 2018 11:41 AM
To: Craig B. Clifton
Subject: Re: Question

No use of college funds can be used on employee meals on site. Exceptions for meeting that are scheduled, required and do not allow employees to leave or break for a meal.

If employees use there own money separate or together and purchase it on their own It's fine. It wouldn't be any different than your ordering a delivery from Jason's Deli.

Steve

Sent from my iPhone

On Oct 18, 2018, at 11:33 AM, Craig B. Clifton <craig.clifton@actx.edu> wrote:

<image001.gif>

Steve,

I am wanting to have bottled water, fruit, vegetables and healthy snacks/food accessible for AC employees here at the fitness center during lunch time and for breaks. I would either pick these items up or have them delivered. Employees would pay for these at cost. I would not be "selling" them out of the fitness center. It would be similar to how we keep bottled water in our refrigerator for our CFC employees. We take turns purchasing a case of water and keep it in our refrigerator. When we run out, the next person on the list buys a case of water and places it in the refrigerator. Do you see a problem with this? Would it violate policy/vending contracts to pay for the food with college funds and collect it from employees(a separate money-in, money-out GL)? Please advise. Thanks.

Craig Clifton

Carter Fitness and Wellness Center
Amarillo College
(806)345-5515
cbclifton@actx.edu

<image004.jpg>

Melissa S. Eder

From: Melissa D. Martinez
Sent: Tuesday, November 20, 2018 9:02 AM
To: Craig B. Clifton
Subject: RE: \$1 Snack \$4 lunch- At Carter Fitness Center

Wow! That sounds great!
I'm at Community Link but Im stopping by whenever I am on campus.
Do yall have a massage therapist?
Thanks,
Melissa

From: Craig B. Clifton
Sent: Tuesday, November 20, 2018 8:57 AM
To: DL-All AC Family <DL-AllACFamily@actx.edu>
Subject: \$1 Snack \$4 lunch- At Carter Fitness Center

See attached image- Food at Carter Fitness and Wellness Center(CFC). Yum!
See attached file- Going on at CFC today

You can now get a \$1 snack or a \$4 lunch at Carter Fitness Center. Not just today. *All day, any day.* See attached image.

here for you.

Melissa S. Eder

From: Janice M. Johnston
Sent: Tuesday, November 20, 2018 9:09 AM
To: Craig B. Clifton
Subject: RE: \$1 Snack \$4 lunch- At Carter Fitness Center

What a great service! Thank you.

Janice M. Johnston, M. S.

Director of I-BEST and Special Projects
Program Coordinator, College Integration Pathways II Grant
Amarillo College
WSC-ENGR-210C
Office: 806-371-5421
Mobile: 806-236-6853
jmjohnston31@actx.edu

From: Craig B. Clifton
Sent: Tuesday, November 20, 2018 8:57 AM
To: DL-All AC Family <DL-AllACFamily@actx.edu>
Subject: \$1 Snack \$4 lunch- At Carter Fitness Center

See attached image- Food at Carter Fitness and Wellness Center(CFC). Yum!
See attached file- Going on at CFC today

You can now get a \$1 snack or a \$4 lunch at Carter Fitness Center. Not just today. *All day, any day.* See attached image.

here for you.

Melissa S. Eder

From: Joni L. Stone
Sent: Tuesday, November 20, 2018 9:42 AM
To: Craig B. Clifton
Subject: RE: \$1 Snack \$4 lunch- At Carter Fitness Center

Yay what great alternative options!!!

From: Craig B. Clifton
Sent: Tuesday, November 20, 2018 8:57 AM
To: DL-All AC Family <DL-AllACFamily@actx.edu>
Subject: \$1 Snack \$4 lunch- At Carter Fitness Center

See attached image- Food at Carter Fitness and Wellness Center(CFC). Yum!
See attached file- Going on at CFC today

You can now get a \$1 snack or a \$4 lunch at Carter Fitness Center. Not just today. *All day, any day.* See attached image.

here for you.

Melissa S. Eder

From: Lyndy Forrester
Sent: Tuesday, May 22, 2018 12:27 PM
To: Toni J. Van Dyke; Craig B. Clifton
Subject: RE: Wellness Committee

Thank you! We will include them from this point forward.

From: Toni J. Van Dyke
Sent: Tuesday, May 15, 2018 1:42 PM
To: Craig B. Clifton <craig.clifton@actx.edu>
Cc: Lyndy Forrester <lforrester@actx.edu>
Subject: RE: Wellness Committee

Dear Lyndy & Craig

Below are the names of four faculty members that Faculty Senate recommended to serve on the Wellness Committee.

Shawna Lopez, Health Sciences
Fiona Denge, STEM
Michelle Orcutt, Speech
Rochelle Fouts, EDUC

Kind regards

Toni

From: Craig B. Clifton
Sent: Thursday, May 3, 2018 12:21 PM
To: Toni J. Van Dyke <tjvandyke@actx.edu>
Cc: Lyndy Forrester <lforrester@actx.edu>
Subject: FW: Wellness Committee
Importance: High

Toni,
See the list below. I added people that I have recruited for the committee and removed the inactive members. I contacted Jodi Lindseth. She said that they are meeting on the Faculty Senate committees today and will have new names to add to the list soon. When I hear from her, I will send the names on to you.

Craig

***Wellness Committee**

The purpose of the Wellness Committee is to promote employee wellness. The committee will (purpose is subject to change per EOD):

1. Campaign to make students and employees aware of the components of wellness and the benefits of a wellness lifestyle including health care options and wellness fairs
2. Act as information and planning hub for wellness activities on campus by identifying, supporting, encouraging participation in, and disseminating information on wellness activities already in progress on campus through a campus newsletter and other promotional techniques
3. Continually assess which of the six basic wellness areas (intellectual, emotional, physical, social, occupational and spiritual) need to be further addressed by enlisting departments, individuals or committees with expertise in these areas to plan and develop activities to meet the need
4. Each year solicit a list of interested individuals from employees and students who would be willing to work on sub committees to help accomplish the above purposes.
5. Oversee compliance with the Drug Free Campus legislation of 1990, evaluate programs and activities dealing with Amarillo College's drug and alcohol abuse prevention program, and advise the Vice President of Student Affairs on these matters.

Permanent members include the Director of EOD, the Sports and Exercise Sciences Department Chair, Carter Fitness Center Manager, and the Intramurals Coordinator.

Other members will serve on a volunteer basis

Attempts will be made to have as many divisions and campuses represented as possible.

Permanent Members:

Lyndy Forrester-Chair

Craig B. Clifton

Calee Follins Trent Oneal

Joshua E. Blashill

Other Members:

Connie A. DeJesus

Jeff Wallick

Judy E. Massie

Stefanie M. Carruth

Shannon E. Cornell

Amanda Wallick

New members:

Dalila Paredes Fran Garcia

Billy Barclay Ernesto Olmos

Lisa Holdaway Melissa Hightower

Annette Watts

Margie Netherton

Terry Smith

Kind regards

Toni