

A project of the Panhandle Regional Planning Commission Funded by the Texas Department of Aging and Disabilities





# Amarillo College

Center for Continuing Healthcare Education

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Please note that the venue for

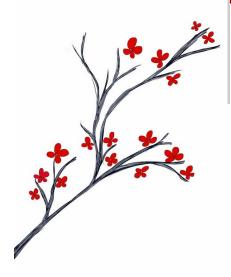
this Conference has changed

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Conference will be held at Amarillo College West Campus Lecture Hall 6222 West 9th Amarillo, TX

# **Decisions** of our Lives: Planning for Your Journey

To register please call 806-651-3482 or http://www.wtamu.edu/academics/pan handle-area-health.aspx



For more information please call 806 -331-2227

Panhandle Area Health Education Center WTAMU. Box 61003 Canyon, TX 79016-0001

Area Agency on Aging of the Panhandle P.O. Box 9257 Amarillo, TX 79105 Area Agency on Aging along with Amarillo College and Panhandle Area Health Education Center is sponsoring this two day educational event to inform care givers, both family and professional, on decisions and plans for best practices in caring for those in need. Attendees will learn to identify and make informed decisions about the care of their clients and/or loved ones. They will learn about how Medicare works with Inhome care, Long Term Facility care, and Hospice care. There will be information regarding end of life care, Advanced Directives and Estate planning. Free CEU's will be offered for successful completion of both days. No partial CEU's will be given.

Amarillo College is an approved provider through the Texas State Board of Social Workers and provides CEUs for Social Workers. Amarillo College provides contact hours of continuing education for Licensed Professional Counselors

### Agenda for Day 1:

# 8:00 a.m.—8:30 a.m. Registration

8:30 a.m.-9:30 a.m.- Living at Home ... What services are available as we age in place? What does Medicare and/or Medicaid pay for? - Carrie Jacobs, LBSW Good Care

9:30 a.m.—10:30 a.m.—Identifying problems. What is actually happening? Dementia or Depression? Stress of Caregiving... Diane Estes, MA, LBSW, Allegiance Behavioral Health of Plainview

10:30-10:45 a.m. ~BREAK~

10:45 a.m.- 11:45 a.m. - "We Have A Plan...Now Let's Follow It" - Jamie McCarrell, Pharm.D, BCPS, CGP Assistant Professor, Geriatrics, Texas Tech University School of Pharmacy,

11:45a.m.—12:30 p.m. ~Lunch provided by Allegience Behavioral Health

### Agenda for Day 1 Continued...

12:30 p.m.—1:30 p.m. Decisions, decisions, decisions....When is it Time to make the transition?- Laura Reyher, R.N.

1:30 p.m.-2:30 p.m. -Decisions AFTER hospitalization ... what do we do now? Juliann Fulton, SW, BSA Acute Care Rehab.

2:30 p.m.- 2:45 p.m. ~Break~

2:45 p.m.-3:30 p.m. - How to Choose a Nursing Home...

Lisa Hancock, Public Education and Volunteer Specialist, Certified Ombudsman

3:30 p.m.—4:30 p.m. Overview of Medicare and Medicare Savings Programs...Who pays What? Trelisha Brown, Managing Attorney, Health Law Program, Texas Legal Services Center

## AGENDA for DAY 2...

8:30 a.m. - 9:00 a.m. - Registration

9:00 a.m.—10:a.m. Spiritual Aspects of Aging - Ken Branum, Chaplain Accolade Home Health & Hospice

10:00 a.m.-10:45 a.m. End of Life Decisions: Hospice Care-Ellen Hampsten, Medical Director Accolade Home Health & Hospice

10-:45 a.m.—11:00 a.m. ~~BREAK~~

11:00 a.m.—12:00 noon - Estate Planning - Transfer on Death Deed Project, Paul Zambie, Managing Attorney, Texas Legal Services Center, Inc.

12:00 - 1:00 p.m.~~ Lunch provided by Accolade Home Health and Hospice

1:00p.m. - 2:00p.m. End of Life Decisions, What if my loved one is not able to make their own decisions? Who determines if they are not competent? What does the law say? - Trelisha Brown

2:00 p.m.-2:15 p.m. ~~ BREAK~~

2:15 p.m.- 3:00 p.m. - ADVANCED DIRECTIVES: Trelisha Brown

3:00 p.m. -4:00 p.m. ADVANCED DIRECTIVES contined,...

\*\*\*You must turn in your evaluation form to receive your CEU Certificate\*\*\*

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Would you like to receive our Categiver Newsletter from Area Agency on Aging? Yes or No	Are you a Caregiver? Yesor No	Do you need CEU's? yes or no	Telephone #	DOB:SSN#	

(In order to receive CEU's, you must attend

both days of the conference. No partial C EU's will be given)

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