

13th Annual  
Lisa Y. Cherry

# Women in Criminal Justice Conference

Amarillo, Texas

Thursday - Friday

October 3-4, 2013

Oct. 3: 8:30 am – 5:00 pm | Oct. 4: 8:00 am – 4:00 pm

Continental Breakfast Provided

## Defensive Tactics for the Female Officer

Optional Pre-Conference  
Session

Wednesday  
October 2, 2013



Opening Keynote:  
**Capt. Penny Phelps**  
*Building Warrior  
Women*



Closing Session:  
**Maj. Tania Pendarakis  
(Ret.)**  
*Liar, Liar Face on Fire:  
Detecting Deception*



**Amarillo College**  
Criminal Justice Programs

## Target Audience/CEUs

Although the Women in Criminal Justice Conference is dedicated to women working in the field of criminal justice, most topics are not confined to or of interest to women only. We have designed the conference to appeal to a broad audience of professionals working in the criminal justice, social service, and other related fields – women and men.

**Primary target audience:** Law enforcement officers, probation/parole officers, corrections officers, and emergency communications staff, and all related support staff.

**Secondary target audience:** Those who work with mandated clients, CPS caseworkers, counselors, social workers, CASA volunteers, and other related professionals.

TCLEOSE credit provided. TJJD credit requested. CEUs will be awarded for Social Workers and LPC/LMFTs. Amarillo College is approved by the State Board of Educator Certification as a provider of Continuing Professional Education (CPE). General CEUs will be awarded to all other participants for individual submission to their respective licensing agencies. For successful completion, this program must be attended in its entirety.

## Location

Amarillo College  
West Campus Lecture Hall  
6222 West 9th Avenue  
Amarillo, Texas 79106

Directions: Take I-40 to the Bell Street Exit (North). Turn right on West 9th Avenue Loop. Go under the overpass and through the first light. The West Campus is on the right.

## Cost

**Two Day Conference – Only \$95**

This conference is PRPC-sponsored.

**(No Charge for Qualifying Law  
Enforcement Officers)**

Attendees will receive a free commemorative t-shirt, complimentary breakfast, one lunch, and a steak dinner/ social event.



## KEYNOTE ADDRESS

# Building Warrior Women

This presentation is a tactical, practical, and professional primer. A rare but contagious breed - the "Warrior Women" concept is philosophical, not occupational. The Warrior Women® idea is about who women are rather than what they are. Although they do exist in the public safety profession and on battlefields, they also exist on athletic fields, in boardrooms, courtrooms, classrooms, operating rooms and in our homes. Warrior Women® are those women who make a conscious decision to take control over their environment and create positive futures for themselves and their loved ones. They are survivors of illness, poverty, abuse, and personal loss. They are strong and independent and are willing to fight for their principals regardless of the outcome. Warrior Women® are highly spirited. They choose excellence over mediocrity and take a leadership role in mentoring others to do the same. They exude confidence and assure their personal safety and peace of mind. They are resilient during setbacks and view adversity as opportunities. Attend this course and celebrate the warrior in you!



## Captain Penny Phelps

Captain Penny Phelps spent the first 20 years of her law enforcement career wearing wool socks and fighting the wind chill factors and criminal elements of Bay City, Michigan. She started her career as a patrol officer and finished as the deputy chief of police. During her tenure with the police department, she taught D.A.R.E., led the SWAT team, rode a police bike, developed the Field Training Officer program, served as a narcotics officer, dove in murky waters for dead bodies, developed a Citizens' Police Academy and served on the board of directors for 14 non-profit organizations.

Eleven years ago, Captain Phelps traded her patrol car keys for a set of keys to the Monroe County Detention Center. Working in both law enforcement and corrections, she can officially say she has "cuffed and stuffed" new arrestees and "hooked and booked" inmates.

Captain Phelps holds a Master's degree in organizational management, and both a bachelor's degree and an associate's degree in criminal justice. She is currently completing a Ph.D. in organizational management and leadership.

She proudly wears the uniform of the Monroe County Sheriff's Office. Sheriff Ramsay expanded her responsibilities after taking office. Captain Phelps currently oversees Training, SWAT, the Bomb team, the Dive team, the Hostage Negotiators, Aviation, the Communications Center and the School Resource Officers. She teaches in both the corrections and law enforcement academies at the Florida Keys Community College.

When she is not working, Penny enjoys the warmth of the Florida sunshine. She spends time exploring the waters of the Florida Keys and also rides the bike paths along the ocean.

# Thursday Afternoon



## **FACE-ing the Nameless** **Suzanne Lowe Birdwell**

Texas Ranger Forensic Artist Suzanne Lowe Birdwell received an Associate of Arts degree in Spanish, with honors, followed by a Bachelor of Science degree, summa cum laude, from Texas State University, majoring in Criminal Justice with emphases in Forensic Psychology and Anthropology. Along with a range of art studies throughout her life, Ms. Birdwell has over 850 hours in specific forensic art and post mortem remains training from various venues across the country including:

**The Scottsdale Artists' Institute, AZ**  
**The University of TX Health Science Center, San Antonio, TX**  
**The Secret Service Training Academy, Beltsville, MD**  
**The Forensic Anthropology Center**  
**at TX State University (FACTS), San Marcos, TX**  
**The Armed Forces Institute of Pathology, Ashburn, VA**  
**The University of North Texas Center for Human Identity,**  
**Ft. Worth, TX**

and numerous police departments across the country. These studies range from: interviewing for and developing composite drawings for current crimes (in both English and Spanish), to forensic techniques regarding clandestine human remains, to age-progression of adults, to facial reconstruction on or from a skull, to developing artistic renderings of post mortem remains and their associated articles.

In her duties as the Forensic Artist for the Texas Rangers, which is a division of the Texas Department of Public Safety, she travels the state assisting local, county, state, military and federal agencies with putting a face and hopefully, ultimately an identity to the nameless, be they suspects or victims. She works in tandem with Texas DPS' Missing and Unidentified Persons' Clearinghouse, headquartered in Austin, and also presents Forensic Art methods, possibilities, and case studies at Law Enforcement training opportunities.

## **Give 'em the Finger:** **Burnout Prevention** **Mark Yarbrough**

Millions of people suffer from burnout each year. Most information on this subject comes from mental health professionals from a diagnostic standpoint. "Suffer from BURNOUT? Give'em the F.I.N.G.E.R.!" is different. Mark travels the country sharing his motivational story with audiences of all sizes. It is from the perspective of someone who actually suffered from this debilitating ailment. As a fellow public servant and law enforcement professional, Mark knows the trials and tribulations of your jobs. Mark Yarbrough was serving as an elected District Attorney when he suffered from burnout. He will tell you what caused his burnout. More importantly, Mark shares his F.I.N.G.E.R. philosophy that he used to overcome his burnout.

Mark Yarbrough was born in Austin and has resided in Texas his entire life. He and his wife Jerry were high school sweethearts and have been married for over 30 years. They had two children, Alex and Ashley. Mark attended undergraduate school at Abilene Christian University, earning his bachelor's degree in Finance. After graduating, Mark worked for Dallas Federal/Bright Banc Savings as a loan counselor, personal banker, and branch manager. While raising a family, Mark went to law school at Texas Tech School of Law. Upon graduation, Mark went to work in his father's law office. He jokingly called the firm Yarbrough & Father. In 1993, Mark was elected as the County & District Attorney of Lamb County, Texas. He has since been re-elected to serve a total of five terms, or 20 years. There, he has prosecuted sex offenders, capital murderers, and various other defendants. Also in 1993, Mark was certified to teach the Walk Thru the Bible Old Testament seminars. In his spare time, Mark enjoys playing basketball and golf, and vacationing on the beaches of the Caribbean.

FRIDAY GENERAL SESSION

## **Liar, Liar Face on Fire: Detecting Deception**

Liar, Liar Face on Fire is designed to train criminal justice personnel in the detection of deception on the part of subjects, suspects, victims, and witnesses by the study of body language, verbal and non-verbal communication cues, eye movement and facial expressions.

This course is intended for officers and related professionals who conduct interviews. The class is also appropriate for prosecuting attorneys and judges. The course is designed to improve an interviewer's skill at the art of reading body language, interpreting verbal and non-verbal cues, and perceiving deception by studying the facial expressions and eye movements of the interviewee. At the conclusion of the course, the class participant will be able to apply learned skills to gain valuable information and important evidence, to produce more confessions and higher conviction rates where applicable, to improve employee screening, and most importantly to increase officer safety.

### **Course Highlights:**

- Anatomy of a Lie
- The Psychology of Lying
- Leakage
- Eye Accessing
- Fight or Flight
- Officer Safety



### **Major Tania Pendarakis, (Ret.)**

Major Tania Pendarakis served in uniform patrol for five years and as an undercover officer for eight.

She worked for a plain clothes state investigative agency for 22.5 years and was promoted up each rung of the chain of command from detective to Interim Chief of Law Enforcement. Pendarakis was the State Emergency Response Team Commander for her agency and has extensive experience in multi-jurisdictional law enforcement and emergency response to critical incidents.

Although retired from active duty (July 2007), Pendarakis continues to serve the law enforcement profession. In addition to teaching criminal justice classes, she sits on the Executive Board of the State Law Enforcement Chiefs' Association and provides free technical support for several non-profit organizations including Cops for Kids Tallahassee.





# 13th Annual Lisa Y. Cherry Women in Criminal Justice Conference

Amarillo, Texas



## Conference Steering Committee

Jamie Baker, *TDCJ-ID, Neal Unit*

Sondra Beighle, *Amarillo College Criminal Justice Programs*

Heather Birkenfeld, *Lipscomb County Sheriff's Office*

Hank Blanchard, *Amarillo College Criminal Justice Programs*

Alisson Carter, *Community Supervision & Corrections  
Department—Potter, Randall & Armstrong Counties*

Evon Flores, *Potter County Juvenile Probation*

Michelle Gray, *Potter County Juvenile Probation*

Toni Gray, *Amarillo College Criminal Justice Programs*

Cindy Johnson, *Potter County Sheriff's Office*

D.J. Johnson, *TDCJ-ID*

Jennifer Jones, *Canyon Police Department*

Ronna McBroom, *Randall County Sheriff's Office*

Lucinda Russell, *Texas Department of Public Safety*

Raquel Saunders, *Amarillo Police Department*

Karen Schmidt, *Amarillo College Criminal Justice Programs*

Jessica Schoonover, *Randall County Sheriff's Office*

Sarah Uselding, *Amarillo College Criminal Justice Programs*

Eric Wallace, *Amarillo College Criminal Justice Programs*

Regina Wright, *TDCJ-ID Montford Unit*

## Raffle Items/Vendors

Thanks to the contributions and support of many local and area businesses, you will have the opportunity to win a variety of items through raffle ticket sales. The proceeds will benefit the Lisa Y. Cherry Criminal Justice Student Book Fund at Amarillo College.

Individuals and businesses have reserved tables to sell items of interest to conference attendees including jewelry, t-shirts, candles and more! All vendors have donated raffle items as well. So, learn, network, have fun, and go home with some new goodies.

*Lisa Y. Cherry*



Criminal Justice  
Student Book Fund



## Steak Dinner/Social Event

A free Steak Dinner and Social Event will be provided.

Thursday \* October 4, 2013 \* 6:30 p.m.

Valley View Event Center, 7.5 miles NW of Conference Site

Full details provided at conference.

***All Topics and Presenters Subject to Change***

# Registration Form

Women in Criminal Justice Conference – October 3-4, 2013

## OFFICE USE ONLY

[ ] OE Course ID # 122633 – [ ] PRPC Course ID # 126802

Last 4 digits of SS# or AC ID: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: ☐ Male ☐ Female

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

County: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Business Phone: \_\_\_\_\_

Personal E-Mail: \_\_\_\_\_

Business E-Mail: \_\_\_\_\_

Employer or Type of Business: \_\_\_\_\_

**Credit Type:** ☐ TCLEOSE (PID#: \_\_\_\_\_)

☐ TJJD ☐ CPE ☐ LPC/LMFT/SW ☐ General

**Ethnic Origin** (*Voluntary – will not affect enrollment*)

Are you Hispanic? ☐ Yes ☐ No

**What is your race?** (*check all that apply*)

☐ American Indian or Alaskan Native ☐ Asian

☐ Black or African-American ☐ White

☐ Native Hawaiian/Other Pacific Islander

**I certify that the information given is complete and correct.**

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

## Method of Payment:

☐ Cash ☐ Check ☐ Money Order

Credit Card: ☐ Visa ☐ MC ☐ AmEx ☐ Discover

Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Security Code: \_\_\_\_\_ Signature: \_\_\_\_\_

☐ Bill To: \_\_\_\_\_

P. O. #: \_\_\_\_\_ (*Please include Letter of Billing or Copy of P.O.*)

Any student, who because of a disabling condition may require some special arrangements in order to meet course requirements, should contact disAbility Services (SSC 119, Phone 371-5436) as soon as possible.

**Enrollment Eligibility Notice:** Students with outstanding obligations to Amarillo College may not be allowed to enroll in or complete a continuing education course until the obligations are fulfilled. Students who have received a Criminal Trespass Warning from Amarillo College will not be allowed to enroll in courses held on any AC campus unless the warning has been lifted.

## What's included:

- Continental breakfast both days
- Snack Breaks
- Thursday Steak Dinner
- Friday Catered Lunch
- T-Shirt (*complete form below*)
- Top-Notch Training

## Get the free T-shirt

Choose one WICJ T-Shirt (*included in price*)  
(Circle Size) S M L XL 2XL 3XL 4XL

**Must order by September 19, 2013  
to receive at conference**

## Steak Dinner/Social Event

Do you think you will attend? ☐ Yes ☐ No  
Guest tickets available at conference for \$10.  
# of guests you expect to bring: \_\_\_\_\_

## Hotel Reservations

**Special Conference Rate –\$77**  
October 1-3, 2013

**Holiday Inn West**  
Amarillo Medical Center  
8231 Amarillo Blvd. West  
Amarillo, TX 79124  
806-322-4777

To take advantage of the special rate,  
request your room reservation under:

**Amarillo College – WICJ Conference.**

Rooms are available on a first-come, first-served basis.

## Contact Info

Amarillo College  
Criminal Justice Programs  
P. O. Box 447  
Amarillo, TX 79178

criminaljustice@actx.edu  
Phone: (806) 354-6081  
Fax: (806) 354-6074  
actx.edu/cj/conferences

13th Annual  
Lisa Y. Cherry

# Women in Criminal Justice Conference



# WICJ

Amarillo, Texas

Limited to 20 students  
**Register Early!**

Wednesday  
**October 2, 2013**

8:00 am – 5:00 pm

OPTIONAL PRE-CONFERENCE SESSION

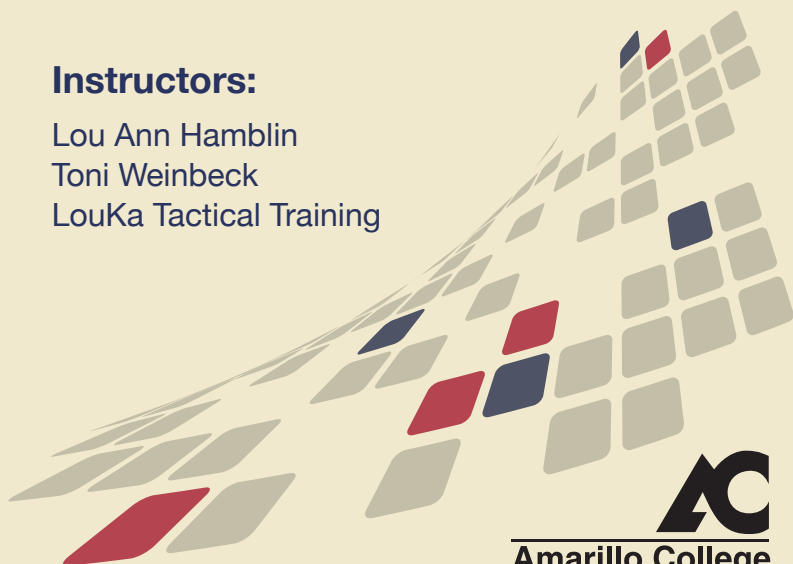
## Defensive Tactics & Combatives for the Female Officer

### Instructors:

Lou Ann Hamblin

Toni Weinbeck

LouKa Tactical Training



**Amarillo College**  
Criminal Justice Programs

### Target Audience/CEUs

**Primary target audience:** This course is limited to female law enforcement, probation/parole, and corrections officers.

TCLEOSE credit provided. TJJD credit requested. General CEUs will be awarded to all participants. For successful completion, this program must be attended in its entirety.

### Location

Amarillo College  
West Campus, Building C, Rm. 125  
6222 West 9th Avenue  
Amarillo, Texas 79106

Directions: Take I-40 to the Bell Street Exit (North). Turn right on West 9th Avenue Loop. Go under the overpass and through the first light. The West Campus is on the right.

### Cost

**Pre-Conference Session – \$75**

This conference is PRPC-sponsored.

**(No Charge for Qualifying Law Enforcement Officers)**

# Defensive Tactics & Combatives for the Female Officer



This is a customized, hands-on training course designed for female officers who are ready to enhance their defensive tactics skills including officer survival techniques. This course is facilitated by two female law enforcement specialists. By learning sound counter-measures, officers will build confidence and competence and will enhance their ability to respond tactically, physically, and mentally.

Topics include but not limited to:

- The fighting lioness mindset and training philosophies
- Functional fitness for the female officer
- Movement and power development
- Power striking
- Offensive tactics vs. Defensive tactics
- CQB/Close quarters combat for females

## Lou Ann Hamblin

Lou Ann Hamblin proudly served the law enforcement profession for 22 years before retiring. Lou Ann has had many roles during her law enforcement career to include uniform patrol, bike patrol, undercover narcotics and prostitution operations, and a temporary assignment with a DEA Task Force. She holds a master's degree in Human Performance Technology and Instructional Design.

Lou Ann specializes in training female officers, and is a certified firearms and defensive tactics instructor in a variety of disciplines. She is a Team One Network adjunct instructor and Master Pistol Instructor. She instructs locally and nationally in the areas of instructor development, training for specialty units and officer survival. Lou Ann is also a part-time faculty member with the Washtenaw Community College Police Academy specializing in physical skills and proctors the MCOLES physical agility pre-test.

## Toni Weinbeck

Toni Weinbeck has been a police officer with the City of Brooklyn Park, Minnesota, since 2004. As a sergeant she is currently assigned to the patrol division. Toni has held the position of patrol officer, school resource officer, and community liaison officer working with at-risk youth in the community.

Toni has a third degree black belt in Tang Soo Do. Toni has also trained in Kali (a Pilipino weapons system) for 3 years, Kenpo (a Chinese striking art), Muay Thai (a Thai kickboxing system) and currently trains in Krav Maga. She is also a defensive tactics instructor with certifications in LOCKUP, LVNR, OC, and PPCT. She has also co-owned and operated two martial arts studios. One of these two studios included a school for people with disabilities. Toni has volunteered teaching people with disabilities ranging from autism to cerebral palsy for ten years. She holds a bachelor's degree in Police Science and a master's degree in Public Safety Administration.



# Registration Form

Defensive Tactics & Combatives for the Female Officer – October 2, 2013

## OFFICE USE ONLY

[ ] OE Course ID # 126799 – [ ] PRPC Course ID # 126801

Last 4 digits of SS# or AC ID: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: ☐ Male ☐ Female

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

County: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Business Phone: \_\_\_\_\_

Personal E-Mail: \_\_\_\_\_

Business E-Mail: \_\_\_\_\_

Employer or Type of Business: \_\_\_\_\_

**Credit Type:** ☐ TCLEOSE (PID#: \_\_\_\_\_)

☐ TJJD ☐ General

**Ethnic Origin** (*Voluntary – will not affect enrollment*)

Are you Hispanic? ☐ Yes ☐ No

**What is your race?** (*check all that apply*)

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Date: \_\_\_\_\_

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Fax: (806) 354-6074  
actx.edu/cj/conferences

