

18th Annual **Child Abuse Prevention** CONFERENCE

Amarillo, Texas

Presented in Recognition of Child Abuse Prevention Month (April)

Tuesday April 17, 2018 8:30 a.m. to 4:30 p.m.

Registration/Check-In begins at 7:45 a.m.

FEATURING

Chadwick Sapenter You Can Do It!

Katharine P. Leslie, PhD

Adverse Childhood Experiences: What We Know, and Where Do We Go from Here?



Criminal Justice Programs

Cost: \$30.00 (Lunch included)

PRPC-sponsored for qualifying law enforcement officers.

Location: **Amarillo Civic Center** Heritage Room 401 S. Buchanan Amarillo, Texas 79101

Located in the northeast corner of the Civic Center at entrances 3/4; driving directions and map available at www.civicamarillo.com

Contact:

Amarillo College Criminal Justice Programs P.O. Box 447 Amarillo, TX 79178

Phone: (806) 354-6081 Fax: (806) 354-6074 www.actx.edu/cj/cap criminaljustice@actx.edu

Target Audience/CEUs: Nurses, probation officers, school resource/law enforcement officers who work with vouth, caseworkers, CASA volunteers, counselors, teachers, school administrators, foster or adoptive parents, and all other related professionals. No children allowed.

Amarillo College Center for Continuing Healthcare Education is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Credit hours will be submitted to TCOLE and TJJD for approval. CEUs will be awarded for Social Workers and LPC/LMFTs. Amarillo College is approved by the State Board of Educator Certification as a provider of Continuing Professional Education (CPE). Amarillo College is approved by the Texas Certification Board of Addiction Professionals Standards Committee, Provider Number 1743-06, to provide 6 hours general and CCJP credit. Expires 05/20/19. Complaints about provider or workshop content may be directed to the TCBAP Standards Committee, 1005 Congress Avenue, Ste. 460, Austin, Texas 78701, Fax Number (512) 476-7297. General CEUs will be awarded to all other participants for individual submission to their respective licensing agencies. For successful completion, this program must be attended in its entirety.

Handouts will not be provided at the conference in order to save paper/printing costs. They will be available for download at www.actx.edu/cj/cap from April 13 – 27, 2018.

Chadwick Sapenter



You Can Do It!

Chadwick Sapenter is a former foster kid turned serial entrepreneur, best-selling author, and motivational speaker. Currently, Chadwick is the CEO and founder of <u>Little</u> <u>Book of Words Publishing</u>. He has spent more than a decade as a motivational speaker helping youth in foster care find their purpose in life and showing the adults who work in child welfare how to make meaningful connections and remind them that a little encouragement can go a long way.

Chadwick has spoken to over one million current and former foster youth, foster and adoptive parents, and youth-serving professionals. He realizes the best way for him to help is to share his story and experiences with passion and authenticity and to provide resources and solutions that can be easily implemented.

When he is not speaking, Chadwick is home in Austin, Texas spending time with his wife, three sons, and more likely than not eating BBQ.

You Can Do It!

Every one of us has the opportunity to change a life, to make an impact, and to alter the trajectory of a person's life. In this inspirational talk, Chadwick shares his personal story of grief, abuse, homelessness, abandonment, nearly being murdered twice, raising his siblings, and entering the foster care system.

Chadwick will take participants on a journey from roaring laughter and infectious energy to jaw dropping silence. He will lead the group through his story that begins with tragedy and loss but ends with success and triumph - leaving you standing on your feet, wiping away tears of joy, and cheering with excitement. Chadwick has the extraordinary ability to encourage, challenge, inspire, and elevate every person in the room to approach their life and work with purpose and passion.

Chadwick takes the audience into the depths of his pain and shares how one person used four little words - YOU CAN DO IT - that changed his life.

Objectives

At the end of this presentation, participants will be able to:

- Assess and appraise constituent needs
- Engage more effectively with the youth they serve
- · Identify and understand barriers to overcoming adversity
- Create a plan to conquer personal and professional obstacles

Reviews

"He tells a story that is all too familiar to those of us working with abused and neglected children. Chadwick has the special ability to make the audience breathe with him as he relates his message of hope and overcoming adversity. If true motivation is needed, I highly recommend Chadwick Sapenter."

"Chadwick Sapenter is a CASA alumnus who delivers a timely and moving message on motivation. Chadwick brings high energy and involves his audience from the very beginning. His message is both personal and professional as he invites his audience into his world, showing how inner strength can triumph over significant adversity."

"Chadwick had us rolling on the floor in laughter and in the next minute we were sobbing in tears. Hands down the most powerful story I've ever heard. I highly recommend Chadwick."

"Best speaker ever!"

"I knew when one of our youth handed Chadwick what we later found out was a suicide note - and said 'I no longer need this' - that not only were we as a staff transformed by his talk, our youth were transformed, and in this case a life was saved!"

Katharine P. Leslie, PhD

Adverse Childhood Experiences: What We Know, and Where Do We Go from Here?



Katharine P. Leslie has a PhD in developmental psychology and certifications as a master performance and resilience trainer. She is a top-rated national speaker, trainer, and consultant, and is an author of several publications. Leslie has taught thousands of professionals on topics of human development, brain performance, emotional, social and collective intelligence, and the gift of relationships. Her books include *When a Stranger Calls You Mom: A Child Development and Relationship Perspective on Why Traumatized Children Think, Feel and Act the Way They Do; Coming to Grips With Attachment: The Guidebook for Building Mutual Well-Being in Parent-Child Relationships; and What I Love About You: A Child's Storybook Photo Album.*

After 20 years working in the field of childhood trauma, Katharine spent 15 months training and coaching "Ready and Resilient" soldiers for the United States Army. Now, she is co-owner of OPERATION THRIVE. Her secret to creating breakthrough training and coaching experiences is a unique combination of knowledge, skills, unabashed honesty, energy, and humor. Katharine is also a certified *EmbodiYoga* teacher. She and her best friend and husband of 31 years, Steve, have 4 grown children, whom they adopted from the foster care system.

Adverse Childhood Experiences: What We Know, and Where Do We Go from Here?

Dr. Leslie will introduce the results of the Adverse Childhood Experiences (ACE) Study, explain the neuroscience as to why these results occurred, and address their relationship to child abuse. This will include information about brain development, and stress, fear, and anxiety. Then, Dr. Leslie will discuss mal-attachment and what that actually looks like in daily life. She will present the main factors needed for adequate therapy and share ideas as to how non-therapist adults (parents and youth-serving professionals) can support this work. Finally, Dr. Leslie will have the audience practice some skills that enhance their own resilience while working in the challenging field of child welfare.

Objectives

At the end of this training, attendees will be able to:

- List two short-term and two long-term consequences of adverse childhood experiences
- Use Katharine's visual model to explain how the brain responds to stress
- State the long-term effect on the brain of cumulative adverse experiences
- · List four characteristics of a mal-attached child
- · Name four factors shared by effective interventions
- · Practice two skills for enhancing personal resilience

Conference Sponsors

Platinum Level

47th District Attorney's Office Amarillo College Criminal Justice Programs Amarillo Police Department Cal Farley's Boys Ranch The C.J. and Syble Fowlston Charitable Trust Tobacco Free Amarillo

Gold Level

The Children's Hospital at NWTHS FirstBank Southwest Four Price, State Representative, House District 87 Randall County Criminal District Attorney's Office Rudy's Country Store and Bar-B-Q Texas Department of State Health Services – Health Service Region 1

Silver Level

Panhandle Area Health Education Center Panhandle Regional Planning Commission Plains Dairy Texas Department of Family & Protective Services United Supermarkets

Bronze Level

Amarillo Area CASA, Inc. Amarillo National Bank Amarillo Recovery from Alcohol and Drugs Buckner Children and Family Services of Amarillo Catholic Charities of the Texas Panhandle Family Support Services FirstCare Health Plans Girl Scouts of Texas Oklahoma Plains, Inc. Happy State Bank The Pavilion at NWTHS Potter-Randall 9-1-1 ECD Special Delivery Infant Adoption Agency Superior HealthPlan Therapy 2000 Youngblood's Café

Additional contributions may have been received but not listed in this document — all contributors will be recognized at the conference.

Supporting Organizations

Amarillo College Advising Department Amarillo College Advocacy & Resource Center Amarillo College Badger Hearts Amarillo College Center for Continuing Healthcare Education Amarillo College Child Development/ Early Childhood Education Amarillo College Kids' College Amarillo Independent School District – School Counselors The Bridge Children's Advocacy Center Canyon Independent School District Canyon Police Department Centers for Children & Families – Post Adopt Children's Learning Centers COHS – Amarillo – Nurse-Family Partnership COHS – Uniting Parents Community Partners of Amarillo/Rainbow Room High Plains Counseling Association Kids, Incorporated Managed Care Center for Addictive/Other Disorders, Inc. No Boundaries International Potter County Juvenile Probation Potter County Sheriff's Office Potter-Randall Child Welfare Board Randall County Juvenile Probation Department/ Youth Center of the High Plains Randall County Sheriff's Office Region 16 Education Service Center Texas Panhandle Centers Upbring – Foster in Texas

Child Abuse Prevention Advocates



18th Annual Child Abuse Prevention CONFERENCE

Amarillo, Texas

Mail or Fax Registrat (for all payment types)	ion	Amarillo Colleg Criminal Justice P. O. Box 447 Amarillo, TX 79	Programs	Fax: (806) 354-6074
Registration Form: Child Abuse Prevention Conference – April Send Registration Form by Mail or Fax – See Contact in		ove.		E: 172431, CJSA-2000-3001 IPC: 170587, CJSA-2000-3901
Check this box if you are on the Conference Committee				
Last 4 Digits of SSN or AC ID:		Da	ate of Birth:	
Last Name:		First Name:		M.I.
Address:		City:		
County:	State:		Zip:	
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Any student, who because of a disabling condition may require some special arrangements in order to meet course requirements, should contact disAbility Services (SSC 119, Phone 371-5436) as soon as possible. *Enrollment Eligibility Notice:* Students with outstanding obligations to Amarillo College may not be allowed to enroll in or complete a continuing education course until the obligations are fulfilled. Students who have received a Criminal Trespass Warning from Amarillo College will not be allowed to enroll in courses held on any AC campus unless the warning has been lifted.