Secondhand smoke is toxic to non-smokers. It causes 3,000 lung cancer deaths and 50,000 heart disease deaths in the United States every year. The smoke that comes off the tip of a burning cigarette contains twice the concentration of cancer causing chemicals as smoke drawn through a cigarette.

Restaurants that have smoking sections and non-smoking sections without separate ventilation systems do not protect customers sitting in the non-smoking section. It has been shown that a customer sitting in a non-smoking section inhales the amount of smoke equal to smoking 1 1/2 cigarettes in two hours.

In this pamphlet, Tobacco Free Amarillo proudly presents for your eating pleasure and safety the smoke-free restaurants in Amarillo.