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Limited to 20 students **Register Early!**

Amarillo, Texas

Wednesday **October 2, 2013** 8:00 am – 5:00 pm

OPTIONAL PRE-CONFERENCE SESSION

Defensive Tactics & Combatives for the Female Officer

Instructors:

Lou Ann Hamblin Toni Weinbeck LouKa Tactical Training



Target Audience/CEUs

Primary target audience: This course is limited to female law enforcement, probation/parole, and corrections officers.

TCLEOSE credit provided. TJJD credit requested. General CEUs will be awarded to all participants. For successful completion, this program must be attended in its entirety.

Location

Amarillo College West Campus, Building C, Rm. 125 6222 West 9th Avenue Amarillo, Texas 79106

Directions: Take I-40 to the Bell Street Exit (North). Turn right on West 9th Avenue Loop. Go under the overpass and through the first light. The West Campus is on the right.

Cost

Pre-Conference Session – \$75

This conference is PRPC-sponsored.

(No Charge for Qualifying Law Enforcement Officers)

Defensive Tactics & Combatives for the Female Officer



This is a customized, hands-on training course designed for female officers who are ready to enhance their defensive tactics skills including officer survival techniques. This course is facilitated by two female law enforcement specialists. By learning sound counter-measures, officers will build confidence and competence and will enhance their ability to respond tactically, physically, and mentally.

Topics include but not limited to:

- The fighting lioness mindset and training philosophies
- Functional fitness for the female officer
- Movement and power development
- Power striking
- Offensive tactics vs. Defensive tactics
- CQB/Close quarters combat for females

Lou Ann Hamblin

Lou Ann Hamblin proudly served the law enforcement profession for 22 years before retiring. Lou Ann has had many roles during her law enforcement career to include uniform patrol, bike patrol, undercover narcotics and prostitution operations, and a temporary assignment with a DEA Task Force. She holds a master's degree in Human Performance Technology and Instructional Design.

Lou Ann specializes in training female officers, and is a certified firearms and defensive tactics instructor in a variety of disciplines. She is a Team One Network adjunct instructor and Master Pistol Instructor. She instructs locally and nationally in the areas of instructor development, training for specialty units and officer survival. Lou Ann is also a parttime faculty member with the Washtenaw Community College Police Academy specializing in physical skills and proctors the MCOLES physical agility pre-test.

Toni Weinbeck

Toni Weinbeck has been a police officer with the City of Brooklyn Park, Minnesota, since 2004. As a sergeant she is currently assigned to the patrol division. Toni has held the position of patrol officer, school resource officer, and community liaison officer working with at-risk youth in the community.

Toni has a third degree black belt in Tang Soo Do. Toni has also trained in Kali (a Pilipino weapons system) for 3 years, Kenpo (a Chinese striking art), Muay Thai (a Thai kickboxing system) and currently trains in Krav Maga. She is also a defensive tactics instructor with certifications in LOCKUP, LVNR, OC, and PPCT. She has also co-owned and operated two martial arts studios. One of these two studios included a school for people with disabilities. Toni has volunteered teaching people with disabilities ranging from autism to cerebral palsy for ten years. She holds a bachelor's degree in Police Science and a master's degree in Public Safety Administration.

Registration Form

Defensive Tactics & Combatives for the Female Officer – October 2, 2013

OFFICE USE ONLY

[] OE Course ID # 126799 – [] PRPC Course ID # 126801

Date of Birth:	Gender: 🗅 Male 🗅 Female
Last Name:	
First Name:	
Address:	
City:	_
County:	Zip:
Home Phone:	
Business Phone:	
Personal E-Mail:	
Business E-Mail:	
Employer or Type of Business:	
Credit Type:)
TJJD General	
Ethnic Origin (Voluntary – will not affect enrollment)	
, , , , , , , , , , , , , , , , , , ,	
•	□ Asian
□ Native Hawaiian/Other Pacific Islander	
Employer or Type of Business: Credit Type: □ TCLEOSE (PID#: □ TJJD □ General Ethnic Origin (Voluntary – will not affect enrollment) Are you Hispanic? □ Yes □ No What is your race? (check all that apply) □ American Indian or Alaskan Native □ Black or African-American	

I certify that the information given is complete and correct.

Date: _

Signature: _

Method of Payment:

		🖵 Cash	🗅 Che	ck 🛛 🗅 Mon	ey Order	
	Credit Card:	🗆 Visa	□ MC	AmEx	Discover	
Card #: _					Exp. Date:	_
Security	Code:	Signatu	re:			_
Bill To:						_
P. O.#:_				_ (Please inclu	Ide Letter of Billing or Copy of P.C	Э.

Any student, who because of a disabling condition may require some special arrangements in order to meet course requirements, should contact disAbility Services (SSC 119, Phone 371-5436) as soon as possible.

Enrollment Eligibility Notice: Students with outstanding obligations to Amarillo College may not be allowed to enroll in or complete a continuing education course until the obligations are fulfilled. Students who have received a Criminal Trespass Warning from Amarillo College will not be allowed to enroll in courses held on any AC campus unless the warning has been lifted.



