

Anger Management

Course Description: This researched and evidence-based course is most often required for persons who have been convicted of and/or placed on probation for an assaultive offense. It is also appropriate for anyone who would like assistance in reducing stress, controlling emotions, or reducing aggressive behavior. This 4-session, 12 hour program is designed to help participants understand why people use violence, discover how attitudes can override values, learn how to identify and control strong emotions, learn how to develop a plan to alter present behavior, learn to gain better self-control, learn to walk away from confrontations, establish goal-directed behavior patterns, and make a firm commitment never to repeat as a criminal offender, if applicable.

A *Home Study* version of this program is also available. Please contact our office for more information.

May 2016 – August 2016

Cost: The cost of this course is \$95. **Refunds or class transfers must be requested at least one day prior to the start of class.** After this period, students will be required to register and pay for another class.

Registration: Full registration instructions are located on the back of this form. **Students are required to register and pay prior to the first class. It is also recommended that students register as early as possible, because classes reach maximum enrollment quickly.**

Enrollment Eligibility Notice: Students with outstanding obligations to Amarillo College may not be allowed to enroll in or complete a continuing education course until the obligations are fulfilled. Students who have received a Criminal Trespass Warning from Amarillo College will not be allowed to enroll in courses held on any AC campus unless the warning has been lifted.

Attendance: Students must be on time and attend all sessions in consecutive order. There will be no exceptions or make-up classes allowed. Students are required to bring an adult translator with them if they have limited or no proficiency in the English language.

Questions: For questions regarding our programs, call (806) 356-3649 or (806) 354-6083 or e-mail rrdominguez@actx.edu. Se habla español. You may also visit us online at www.actx.edu/intervention.

Any student, who because of a disabling condition may require some special arrangements in order to meet course requirements, should contact disAbility Services (SSC 119, Phone 371-5436) as soon as possible.

Course ID #	Days	Dates	Times	Location
147270	Tues/Thurs	May 17 & 19	6:00 pm - 9:00 pm	AC West Campus, 6222 W. 9 th , Bldg. C, Room 125
	Tues/Thurs	May 24 & 26		

Course ID #	Days	Dates	Times	Location
151730	Tues/Thurs	July 12 & 14	6:00 pm - 9:00 pm	AC West Campus, 6222 W. 9 th , Bldg. C, Room 125
	Tues/Thurs	July 19 & 21		

Online Registration

You must use a credit/debit card to pay at the time of online registration. Go to www.actx.edu/intervention. Under **Search and Register for Classes**, go to the search box and type in "Anger Management" or the Course ID #, and then click "Search." Choose your desired class/date, and then click "Register/More Info" to continue.

Mail Registration

- Complete the registration form, enclose check or credit card information, and mail to:

AMARILLO COLLEGE
REGISTRAR'S OFFICE
PO BOX 447
AMARILLO TX 79178

- No acknowledgement will be mailed.

FAX Registration

- Complete the registration form, include credit/debit card information, and fax to: Intervention Programs, (806) 354-6074.
- No acknowledgement will be mailed.

In-Person Registration

Payment for courses is due at time of enrollment. A place in the class will not be reserved if payment has not been made in full.

EAST CAMPUS – Student Activity Center – J Avenue, Amarillo, TX

HEREFORD CAMPUS, Hereford, Texas – Student Service Center, 241 Ave. H, Hereford, TX

MOORE COUNTY CAMPUS, Dumas, Texas – Student Service Center, 1220 E. 1st St., Dumas, TX

WASHINGTON STREET CAMPUS – Student Service Center, 2011 S. Washington, Amarillo, TX

WEST CAMPUS – Lecture Hall, 6222 W. 9th Ave., Amarillo, TX

HOURS VARY BY CAMPUS LOCATION AND DURING HOLIDAYS/SUMMER

Please call AskAC at (806) 371-5000 for current hours.

Registration Form – Anger Management

Course ID#:	_____			Beginning Date:	_____		
Last 4 digits of SSN:	_____			Date of Birth:	_____		
Last Name:	_____		First:	_____		MI:	_____
Current Address:	_____						
City/State/Zip Code:	_____						
Home Phone:	_____		Work Phone:	_____		Cell Phone:	_____
County of Residence:	_____		Residency Status:	___ Texas Resident ___ Out-of-State ___ Foreign Country			
Gender:	___ Male ___ Female		Personal E-mail:	_____		Business E-mail:	_____
Ethnic Origin:	(Voluntary Information – Will not affect enrollment) ___ White ___ American Indian ___ Alaskan Native ___ Black ___ Asian/Pacific ___ Islander ___ Hispanic ___ International						
I CERTIFY THAT THE INFORMATION GIVEN ABOVE IS COMPLETE AND CORRECT.							
Date:	_____		Signature:	_____			
Method of Payment:	___ Cash ___ Check ___ Money Order ___ Visa ___ Master Card ___ Discover ___ American Express						
Credit Card #:	_____			Expiration Date:	_____		
Authorized Signature:	_____						