**Course Description:** This researched and evidence-based course is equivalent to our 12-hour classroom course and is most often required for persons who have been convicted of and/or placed on probation for an assaultive offense. It is also appropriate for anyone who would like assistance in reducing stress, controlling emotions, or reducing aggressive behavior. This program is designed to help participants understand why people use violence, discover how attitudes can override values, learn how to identify and control strong emotions, learn how to develop a plan to alter present behavior, learn to gain better self-control, learn to walk away from confrontations, establish goal-directed behavior patterns, and make a firm commitment never to repeat as a criminal offender, if applicable.

The classroom course is usually the best option for learning this material and is recommended. However, there are circumstances (location/distance, health, work schedule, transportation, etc.) when the Home Study version is appropriate. To take the Anger Management for Home Study course, you must meet the conditions outlined on the reverse of this form.

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**May 2024 – August 2024**

**Cost:** The cost of this course is $95. There are no refunds once the Home Study workbook has been issued/mailed.

**Registration:** Registration must be handled directly through the Intervention Programs office using one of the methods listed below. Full registration conditions and registration form are located on the back of this form. **Students are required to register and pay prior to the Home Study workbook being issued or mailed.**

**Enrollment Eligibility Notice:** Students with outstanding obligations to Amarillo College may not be allowed to enroll in or complete a continuing education course until the obligations are fulfilled. Students who have received a Criminal Trespass Warning from Amarillo College will not be allowed to enroll in courses held on any AC campus unless the warning has been lifted.

**Completion:** **Students must complete and return the Home Study workbook within 30 days of receipt of payment, or they will be required to register and pay again.** A Certificate of Completion will then be mailed within two weeks.

**Questions:** For questions regarding our programs, call (806) 356-3649 or (806) 354-6083 or e-mail rrdominguez@actx.edu. Se habla español. You may also visit us online at www.actx.edu/intervention.

Read the Registration Conditions and complete the Registration Form on the back of this form, and then use one of the following accepted registration methods:

**Mail Registration**

- Complete the registration form, enclose check or credit/debit card information, and mail to:
  
  AMARILLO COLLEGE
  INTERVENTION PROGRAMS
  PO BOX 447
  AMARILLO TX 79178

**FAX Registration**

- Complete the registration form, include credit/debit card information, and fax to: Intervention Programs, (806) 354-6074.

**In-Person Registration**

- Complete the registration form and come to our office and provide payment in full at the address listed below:

  WEST CAMPUS – 6222 W. 9th Ave., Building C, Room 121, Amarillo, TX
  8 a.m.-5 p.m., Monday through Friday

  **HOLIDAY/SUMMER HOURS**
  Please call 371-5000
Anger Management for Home Study - Registration Conditions and Registration Form

At a minimum, to take the Anger Management for Home Study instead of attending the in-person group course, you must satisfy one of the first four conditions plus conditions #5 and #6.

SATISFY ONE:

1- You are not court-ordered to complete an Anger Management course; however, you want to take a course for your own benefit and of your own free will.

2- You are court-ordered or otherwise required to complete the Anger Management for Home Study version, and you have provided us with written verification.

3- You are court-ordered or otherwise required to take an Anger Management course, and you live more than 45 miles from Amarillo, and you have received and provided us with written permission to take the Home Study version.

4- You are court-ordered or otherwise required to take an Anger Management course, but you do not live more than 45 miles from Amarillo, and due to some other circumstance (health, work schedule, transportation, etc.) you have received and provided us with written permission to take the Home Study version.

PLUS:

5- You have or will obtain a “coach” to assist you in completing your workbook. The “coach” can be a family member, friend, co-worker, or any other individual age 18 years or older who will commit the necessary time and with whom you feel comfortable sharing your thoughts and feelings.

6- You agree to complete and return the workbook to Amarillo College Intervention Programs by mail or in person within 30 days of payment and registration.

Registration Form – Anger Management for Home Study

Self-verification (for all conditions):
I, __________________________________________________, certify that I meet condition (circle one) 1, 2, 3, or 4 plus conditions 5 and 6 listed above and therefore qualify to take Anger Management for Home Study.
Signature: ___________________________ Date: __________

Court-ordered/required verification (for conditions 2 - 4):
I, __________________________________________________, certify that ___________________________________________ meets condition (circle one) 2, 3, or 4 listed above and therefore has my permission to take Anger Management for Home Study in place of the in-person group course.
Signature: ___________________________ Title: ___________________________ Date: __________

Course ID# (for Office Use): ___________________________ Date Mailed/Registered: __________
Social Security Number: ___________________________ Date of Birth: __________
Last Name: ___________________________ First: __________
City/State/Zip Code: ___________________________
Home Phone: ___________________________ Work Phone: ___________________________ Cell Phone: ___________________________
County of Residence: ___________________________ Residency Status: ___ Texas Resident ___ Out-of-State ___ Foreign Country
Gender: ___ Male ___ Female E-mail: ___________________________
Ethnic Origin: (Voluntary Information – Will not affect enrollment) ___ White ___ American Indian ___ Alaskan Native ___ Black ___ Asian/Pacific ___ Islander ___ Hispanic ___ International

I CERTIFY THAT THE INFORMATION GIVEN ABOVE IS COMPLETE AND CORRECT.
Date: ___________________________ Signature: ___________________________

Method of Payment: ___ Cash ___ Check ___ Money Order ___ Visa ___ MasterCard ___ Discover ___ American Express
Credit/Debit Card #: ___________________________ Expiration Date: ___________________________
Authorized Signature: ___________________________ Card Security Code: ___________________________