Amarillo College
Criminal Justice
Intervention Programs
An Equal Opportunity Community College

Anger Management

Course Description: This researched and evidence-based course is most often required for persons who have been convicted of and/or placed on probation for an assaultive offense. It is also appropriate for anyone who would like assistance in reducing stress, controlling emotions, or reducing aggressive behavior. This **4-session**, 12 hour program is designed to help participants understand why people use violence, discover how attitudes can override values, learn how to identify and control strong emotions, learn how to develop a plan to alter present behavior, learn to gain better self-control, learn to walk away from confrontations, establish goal-directed behavior patterns, and make a firm commitment never to repeat as a criminal offender, if applicable.

A *Home Study* version of this program is also available. Please contact our office for more information.

August 2025 – December 2025

Cost: The cost of this course is $95. **Refunds or class transfers must be requested at least one day prior to the start of class.** After this period, students will be required to register and pay for another class.

Registration: Full registration instructions are located on the back of this form. **Students are required to register and pay prior to the first class. It is also recommended that students register as early as possible, because classes reach maximum enrollment quickly.**

Enrollment Eligibility Notice: Students with outstanding obligations to Amarillo College may not be allowed to enroll in or complete a continuing education course until the obligations are fulfilled. Students who have received a Criminal Trespass Warning from Amarillo College will not be allowed to enroll in courses held on any AC campus unless the warning has been lifted.

Attendance: **Students must be on time and attend all 4 sessions in consecutive order. There will be no exceptions or make-up classes allowed.** Students are required to bring an adult translator with them if they have limited or no proficiency in the English language.

Questions: For questions regarding our programs, call (806) 457-4452 or (806) 457-4468 or e-mail rrdominguez@actx.edu. Se habla español. You may also visit us online at www.actx.edu/intervention.

Any student, who because of a disabling condition may require some special arrangements in order to meet course requirements, should contact disAbility Services (Enrollment Center, Suite 700, Phone 345-5639) as soon as possible.

Course ID #	Days	Dates	Times	Location
237079	Tues/Thurs	October 7 & 9	6:00 pm - 9:00 pm	AC First Responders, 3891 Plains Blvd, Room 1009
	and Tues/Thurs	October 14 & 16		
237080	Tues/Thurs	December 2 & 4	6:00 pm - 9:00 pm	AC First Responders, 3891 Plains Blvd, Room 1009
	and Tues/Thurs	December 9 & 11		

Online Registration

You must use a credit/debit card to pay at the time of online registration. Go to www.actx.edu/intervention. Click **Register for Classes**, go to the search box and type in "Anger Management" or just "Anger", and then click enter. Choose your desired class/date, and then click "Add to Cart" to continue.

Mail Registration

• Complete the registration form, enclose check or credit card information, and mail to:

AMARILLO COLLEGE
REGISTRAR'S OFFICE
PO BOX 447
AMARILLO TX 79178

• No acknowledgement will be mailed.

FAX Registration

• Complete the registration form, include credit/debit card information, and fax to: Intervention Programs, (806) 322-9866.
• No acknowledgement will be mailed.

In-Person Registration

Payment is due at time of enrollment. A place in the class will not be reserved if payment has not been made in full.

WASHINGTON STREET CAMPUS – Student Service Center, 2011 S. Washington, Amarillo, TX

FIRST RESPONDERS ACADEMY, 3891 Plains Blvd., Room 1007, Amarillo, TX

WEST CAMPUS – Lecture Hall, 6222 W. 9th Ave., Amarillo, TX

HEREFORD CAMPUS, Hereford, Texas – Student Service Center, 1115 W. 15th Street, Hereford, TX

MOORE COUNTY CAMPUS, Dumas, Texas – Student Service Center, 1220 E. 1st St., Dumas, TX

HOURS VARY BY CAMPUS AND DURING HOLIDAYS/SUMMER Call AskAC at (806) 371-5000 for current hours.

Registration Form – Anger Management

Course ID#: _____ **Beginning Date:** _____

Last 4 digits of SSN: _____ **Date of Birth:** _____

Last Name: _____ **First:** _____ **MI:** _____

Current Address: _____

City/State/Zip Code: _____

Home Phone: _____ **Work Phone:** _____ **Cell Phone:** _____

County of Residence: _____ **Residency Status:** ___ Texas Resident ___ Out-of-State ___ Foreign Country

Gender: ___ Male ___ Female **E-mail:** _____

Ethnic Origin: (Voluntary Information – Will not affect enrollment) ___ White ___ American Indian ___ Alaskan Native ___ Black ___ Asian/Pacific ___ Islander ___ Hispanic ___ International

I CERTIFY THAT THE INFORMATION GIVEN ABOVE IS COMPLETE AND CORRECT.

Date: _____ **Signature:** _____

Method of Payment: ___ Cash ___ Check ___ Money Order ___ Visa ___ Master Card ___ Discover ___ American Express

Credit Card #: _____ **Expiration Date:** _____

Authorized Signature: _____ **Card Security Code**: _____