

BIG NEWS

Amarillo College's ***Community Enrichment Department*** has some exciting news. Our catalogs are going digital. All class information and registration will now be available online exclusively at www.actx.edu/pe. If you run into any problems or have any questions, please do not hesitate to give us a call and we will be glad to help in any way that we can.

-) Charlotte Modersitzki, Community Enrichment Director – (806) 371-2929
-) Jacque McGlohon, Senior Staff Assistant – (806) 371-2902
-) Josiah West, Administrative Assistant – (806) 371-2920
-) Maggie Thetford, Gymnastics/Dance Coordinator – (806) 356-3668

To ease this transition, we have uploaded our entire Catalog. Please take note that many of our class categories are linked. We highly recommend using this catalog while you are searching for potential classes on our website.

Thank you for making Amarillo College such a wonderful place for your fellow students, children and our instructors.

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Community Enrichment

For additional information please call (806) 371-2920 unless otherwise noted.

Acting

For additional information please call (806) 371-5909.

So You Want to Perform?

\$125.00

An acting class designed for adults interested in learning or re-visiting acting skills and technique.

ID# 166330 ACT-1021-3001 07:00PM-08:30PM W 01/17 - 05/02
Linda Hughes WSC Ordway Hall 107 22.50 Hrs.

Arts and Crafts



Adventures in Pottery I

\$165.00

Make decorative items using practices employed by ancient and modern potters. Hand-building to form vessels using potter's wheel and decorative glazes. All supplies furnished.

ID# 166367 ARTCT-1160-2001 06:00PM-09:00PM M 01/22 - 03/05
Gene Fox Downtown Campus 119 21.00 Hrs.

Adventures in Pottery II

\$165.00

First-time potters welcome. New potters learn the fundamentals of working with clay. Returning potters advance their confidence and skills in hand building using the potter's wheel and glazing techniques. All supplies furnished.

ID# 166368 ARTCT-1160-3001 06:00PM-09:00PM M 03/26 - 05/07
Gene Fox Downtown Campus 119 21.00 Hrs.

Drawing without Fear I

\$278.00

Explore drawing using a variety of techniques and media in this fun and creative class.

ID# 166416 ARTCT-1079-3002 09:00AM-11:45AM MW 01/17 - 05/09

ID# 167581 ARTCT-1079-3005 05:30PM-08:15PM MW 01/17 - 05/09

Stephanie Jung WSC Russell Hall 122 85.25 Hrs.

ID# 166417 ARTCT-1079-3003 09:00AM-11:45AM TR 01/16 - 05/10

James Cost WSC Russell Hall 122 88.00 Hrs.

Drawing without Fear II

\$278.00

Prerequisite: Drawing Without Fear I. Basic constructive drawing of the human figure considering elements of composition, light, and shade.

ID# 166418 ARTCT-1079-3004 12:30PM-03:15PM TR 01/16 - 05/10

Stephanie Jung WSC Russell Hall 122 88.00 Hrs.

Painting without Fear

\$278.00

Explore acrylic painting from abstract to realism in this fun creative class.

ID# 167598 ARTCT-1079-3006 12:30PM-03:15PM TR 01/16 - 05/10

James Cost WSC Russell Hall 112 88.00 Hrs.

Oil/Acrylic Painting I **\$111.00**

Use the basic elements in art: color, texture, line, composition, shape, form and value. Mixing colors is thoroughly explored. Emphasis placed on how to see creatively and how to effectively translate this new perspective onto canvas. Supply list available at first session.

ID# 166419 ARTCT-1135-2001 06:30PM-09:30PM T 01/16 - 03/06
Helen Kilburn Downtown Campus 123 24.00 Hrs.

Oil/Acrylic Painting II **\$111.00**

Oil and Acrylic. Must have taken Painting I or have instructor's approval.

ID# 166420 ARTCT-1135-3001 06:30PM-09:30PM T 03/20 - 05/08
Helen Kilburn Downtown Campus 123 24.00 Hrs.

Jewelry Making I: Metalsmithing Basic **\$183.00**

Students will be guided through the process of creating rings, necklaces, pendants, bracelets and earrings using copper, brass and silver. Participants will be introduced to sawing, stamping, texturing, rivet-making, forming, filing, surface treatment and polishing. Metal soldering is not covered. No previous experience needed. Supply list furnished at first class.

ID# 166377 ARTCT-1085-3001 06:00PM-09:00PM R 01/18 - 04/12
Carlos Parra WSC Russell Hall 114 36.00 Hrs.

Jewelry Making II: Soldering & Stone Setting **\$183.00**

This course will teach the basics of jewelry soldering and stone setting. Hands on experience with different soldering and stone setting techniques to create beautiful pieces of jewelry. Open to all, but some metalsmithing experience is recommended. Supply list furnished at first class.

ID# 166378 ARTCT-1085-3002 06:00PM-09:00PM T 01/16 - 04/10
Carlos Parra WSC Russell Hall 114 36.00 Hrs.

Pottery I **\$177.00**

For beginning potters or for those desiring to re-ignite their pottery skills. Concentrates on hand building techniques and learning how to throw pots on the wheel. Encourages both unique, abstract creative designs and simple uncomplicated designs. Introduces glazing techniques. Book is available at the Amarillo College Bookstore but is not required. All supplies furnished.

ID# 166421 ARTCT-1160-2002 06:30PM-09:30PM R 01/18 - 03/08
Helen Kilburn Downtown Campus 119 24.00 Hrs.

Pottery II **\$177.00**

Must have taken Pottery I or have instructor's approval.

ID# 166422 ARTCT-1160-3002 06:30PM-09:30PM R 03/22 - 05/10
Helen Kilburn Downtown Campus 119 24.00 Hrs.

Begin Your Journey with Pastels **\$93.00**

Learn to work with pastels using basic techniques such as blending, chiseling and sharp edge every Friday night. We will work through Beginning Pastel book. This book can be purchased at Hobby Lobby. A supply list will be furnished on the first class meeting.

ID# 166380 ARTCT-1200-2001 06:00PM-08:00PM F 01/19 - 03/09
Angela Baker Downtown Campus 119 16.00 Hrs.

How to Draw Anything **\$40.00**

Bring your imagination to life on a piece of paper by breaking down what you see. Going back to the basics to build you up! Whether you're a painter who wants to improve your skills or a new artist who just wants to be able to draw more than stick figures, this class is for you!

ID# 166375 ARTCT-1079-2001 09:00AM-10:00AM S 01/20 - 02/24

ID# 166376 ARTCT-1079-3001 09:00AM-10:00AM S 04/07 - 05/12
Amy West Downtown Campus 123 6.00 Hrs.

Watercolor I **\$106.00**

Join us for a relaxing afternoon of painting. Beginners learn the basics, experienced painters can challenge their comfort zones during this studio time. Everyone is given the opportunity to explore the dynamic world of watercolor. In this low stress environment, you are encouraged to develop your own style at your own pace as we try different techniques and materials. We cover color, value, design, brush techniques, paper, mediums, and

more. Class includes demonstrations by the instructor. Supply list given at first class meeting.

ID# 166423 ARTCT-1200-2002 01:00PM-04:00PM S 01/20 - 03/10
Helen Kilburn Downtown Campus 119 24.00 Hrs.

Watercolor II

\$81.00

Must have taken Watercolor I or have instructor's approval.

ID# 166424 ARTCT-1200-3001 01:00PM-04:00PM S 03/24 - 05/05
Helen Kilburn Downtown Campus 119 18.00 Hrs.

Automotive

Small Engine Course (Ages 15-Adult)

\$109.00

Learn how to troubleshoot and repair your small engines instead of paying to have it repaired. This course is designed to introduce students to the operation/principles of 4-cycle and 2-cycle small engines that are commonly found in lawn mowers and weed trimmers. Please do not bring any small engines the first day of class. Class size is limited so enroll early!

ID# 166349 MISC-1949-3001 06:30PM-08:30PM T 02/06 - 04/17
Karl Smith AACAL High School 20.00 Hrs.
Automotive Technology Building
1050 N. Forest

Computer Basics

MS Word 2013 - Beginning

\$45.00

Prerequisite: Windows experience. Learn word processing terminology and concepts. Create, format, edit and print documents and tables. Use simple tools and utilities.

ID# 166344 MISC-1045-3001 06:00PM-08:00PM MW 03/19 - 03/28
Melissa Elliott WSC Byrd Business Bldg 213 8.00 Hrs.

MS Word 2013 - Intermediate

\$45.00

Prerequisite: MS Word 2013 experience. Learn word processing terminology and concepts. Work with tables, mail-merge, header/footers, textboxes, shapes, WordArt, pictures and templates. Create, format, edit and track technical documents.

ID# 166345 MISC-1048-3001 06:00PM-08:00PM MW 04/02 - 04/11
Melissa Elliott WSC Byrd Business Bldg 213 8.00 Hrs.

MS Excel 2013 - Beginning

\$45.00

Prerequisite: Windows experience. Learn electronic spreadsheet terminology and concepts; create, format, edit and print spreadsheets; create and work with simple formulas and functions; use formatting features; generate charts, graphs and reports. Create headers and footers.

ID# 166347 MISC-1044-3001 06:00PM-08:00PM MW 04/16 - 04/25
Melissa Elliott WSC Byrd Business Bldg 213 8.00 Hrs.

MS Excel 2013 - Intermediate

\$45.00

Prerequisite: MS Excel 2013 experience. Review Excel formulas and functions. Create complex formulas and pivot tables. Format, sort, outline, filter and import data.

ID# 166348 MISC-1051-3001 06:00PM-08:00PM MW 04/30 - 05/09
Melissa Elliott WSC Byrd Business Bldg 213 8.00 Hrs.

Culinary & Beverage

For Kids' Cooking, click [here](#).

Due to the cost of ingredients, there will be no refunds after 12 noon the day before class begins.

Culinary

Cake Decorating - Beginning

\$136.00

Create borders, stars, writing techniques, figure piping, flowers (roses, daisies, violets, mums), and more. Learn professional decorating tips and ideas. Most supplies furnished, supply list available at first class meeting. Enrollment limited to 12 students.

ID# 166351 COOK-1031-2001	06:00PM-08:00PM	T	01/16 - 02/20
ID# 166353 COOK-1031-3001	06:00PM-08:00PM	T	03/20 - 04/24
Gwen Peterson	Downtown Campus 134		12.00 Hrs.

Cinnamon Rolls and More! \$31.00

Enjoy the evening of delicious smells and scrumptious flavor as you learn to make sourdough yeast cinnamon rolls, dinner rolls and more. Each participant will need to bring the following: a large mixing bowl, large mixing spoon, 2 cup liquid measuring cup and 5 lbs. of unbleached white flour.

ID# 167605 COOK-1031-2007	06:00PM-08:00PM	M	01/22
Linda Dominguez	Downtown Campus 134		2.00 Hrs.

Chef Bud Andersen

Join Chef Bud Andersen, Chef Consultant for the Ben E. Keith Company, as he takes you on a culinary journey. You'll learn to create your own flavors using simple ingredients. From traditional grilling and great sauces, to real challenges such as fish, you'll not only learn new dishes and cooking techniques, but how to eliminate stress in the kitchen with these fun, informative and flavorful series of classes. Chef Bud believes food is a facilitator. "Since the beginning of time man has gathered to eat. Enjoy this time together". Come join Chef Bud as he invites you Back to the Table to rediscover and recreate the precious time we share together enjoying great food and each other!

Let's Get "Saucey!" \$25.00

A fun, flavorful evening of sauces for everything from chicken to shrimp. We will start with a classic mother sauce then develop sauces that are not only classics but new spins on old favorites. Take that every day dish and make it AMAZING with a sauce you helped develop!

ID# 166705 COOK-1031-2002	06:30PM-08:30PM	R	01/18
Chef Bud Andersen	Downtown Campus 134		2.00 Hrs.

Discover Winter Veggies! \$25.00

Winter means root vegetables. Great for grilling, sautéing, frying and baking. Don't miss this evening of pairing veggies with proteins. Color, flavor and a perfectly matched side will take your meals to a whole new level.

ID# 166708 COOK-1031-2003	06:30PM-08:30PM	R	02/01
Chef Bud Andersen	Downtown Campus 134		2.00 Hrs.

Table for Two Please \$30.00

It is easy to call for reservations on Valentine's Day, but why not serve your special someone dinner from the comfort of your own home? Put together several combinations of dinners that will have your special someone knowing just how much you care!

ID# 166711 COOK-1031-2004	06:30PM-08:30PM	R	02/08
Chef Bud Andersen	Downtown Campus 134		2.00 Hrs.

Chick, Chick, Chicken! \$30.00

In this class, Chef Bud will show you NEW and flavorful ways to create chicken dishes that will have your friends and family wanting more! We will create everything from the classic chicken dishes to new, fresh dishes with a modern twist. A great class to kick start your weekly menu.

ID# 166712 COOK-1031-3002	06:30PM-08:30PM	R	03/01
Chef Bud Andersen	Downtown Campus 134		2.00 Hrs.

The "Eggcellent" Breakfast! \$25.00

The perfect omelet? Eggs Benedict made simple? How about a fabulous Eggs Florentine? Chef Bud loves breakfast dishes and has so many ideas to share. When the weather is cold, breakfast is great morning or evening. Come learn how to not only start the day with breakfast but add a touch that makes it perfect for dinner too!

ID# 166713 COOK-1031-3003	06:30PM-08:30PM	R	03/22
Chef Bud Andersen	Downtown Campus 134		2.00 Hrs.

Perfectly Planned Menus \$25.00

Come learn menu planning and preparing for dinner or that big event at your home. Dinner time and parties will be less stressful and in fact can be full of fun, flavor and

enjoyment. Let Chef Bud help you eliminate "What's for dinner?" from your families vocabulary. All you need is to plan it perfectly.

ID# 166715 COOK-1031-3004 06:30PM-08:30PM R 04/05
Chef Bud Andersen Downtown Campus 134 2.00 Hrs.

Seafood Made Simple! \$35.00

This popular class will have you understanding and preparing seafood like never before. Everything from Red Snapper, Salmon, to Cod and Shrimp. Chef Bud has developed new seafood dishes to make seafood simple for you to serve to your family and guests.

Whether you love seafood or are afraid to cook it, this class is for you! Don't miss your chance to become a believer that Seafood can be Simple!

ID# 166720 COOK-1031-3005 06:30PM-08:30PM R 04/19
Chef Bud Andersen Downtown Campus 134 2.00 Hrs.

Grilled to Perfection! \$35.00

One of the most popular classes from last summer returns with a few new twists! Grilling and creating flavors to make your spring time cook out a blast! From Ribeye, New York Strip, to Pork, Fish and Shrimp, we will fire it up and grill all of these with veggies and sauces. Great grilled food for your good times this spring!

ID# 166722 COOK-1031-3006 06:30PM-08:30PM R 05/03
Chef Bud Andersen Downtown Campus 134 2.00 Hrs.

Chef Rocky Dunnam

Teaching out of the Elizabeth Jane Bivins Culinary Center, Chef Rocky has earned the title of Certified Executive Chef by the American Culinary Federation and is offering evening classes on sumptuous one-dish gourmet classics for beginner to advanced

Fondue for You! Singles Only \$30.00

Get out of the house and try something new. Why not Fondue? Join Chef Rocky and his team along with other singles as you make and enjoy Fondue with friends!

ID# 166725 COOK-1031-2005 07:00PM-09:00PM T 01/30
Chef Rocky Dunnam, CEC, CDM Elizabeth Jane Bivins Culinary Center 2.00 Hrs.
6700 Kilgore Dr. (You will enter at the intersection of
Quail Creek and SW 9th St.)

Wine and Date Night \$30.00

Come prepare a delicious meal with your Valentine! Chef Rocky will have a surprise meal paired with complimentary wine.

ID# 166726 COOK-1031-2006 07:00PM-09:00PM T 02/13
Chef Rocky Dunnam, CEC, CDM Elizabeth Jane Bivins Culinary Center 2.00 Hrs.
6700 Kilgore Dr. (You will enter at the intersection of
Quail Creek and SW 9th St.)

One Pan Italian \$30.00

Chef Rocky will show you how to prepare an entire meal using only ONE PAN! Perfect for those busy weeknights!

ID# 166729 COOK-1031-3007 07:00PM-09:00PM T 03/13
Chef Rocky Dunnam, CEC, CDM Elizabeth Jane Bivins Culinary Center 2.00 Hrs.
6700 Kilgore Dr. (You will enter at the intersection of
Quail Creek and SW 9th St.)

Meatless May \$30.00

Prepare a wonderful, COMPLETELY Vegan recipe (that no one will know is vegan.) Chef Rocky will also show you some substitutes that will lighten your everyday diet!

ID# 166730 COOK-1031-3008 07:00PM-09:00PM T 05/15
Chef Rocky Dunnam, CEC, CDM Elizabeth Jane Bivins Culinary Center 2.00 Hrs.
6700 Kilgore Dr. (You will enter at the intersection of
Quail Creek and SW 9th St.)

Beverage

All About Wine \$163.00

Prerequisite: Must be 21 years old. Choose wine with confidence after "sipping your way" through the world's major regions with the experts at Crush Wine Bar & Deli. Start with a

"wine primer" and take a tasting journey through France, Italy, South America, Australia, USA and Spain.

ID# 166978 SPEC-1209-2001 07:00PM-09:00PM T 01/23 - 02/13
Tina Aikman Crush Wine Bar & Deli, 701 S Polk St 8.00 Hrs.

Home Brewing 101 \$85.00

Prerequisite: Must be 21 years old. Basics of home brewing. Brew one batch of beer in class with instructor. Learn chemistry, biology and history of brewing.

ID# 166731 SPEC-1290-2001 07:00PM-09:00PM W 01/17 - 02/21
06:00PM-10:00PM W 01/24
Stephen Branigan Downtown Campus Nixson Gym 105 14.00 Hrs.

Art of Home Wine Making \$77.00

Prerequisite: Must be 21 years old. Learn the basics of home wine making while learning the correct use of equipment and ingredients. Make a 6-gallon batch of wine in class while discussing the history of wine making and various other fermented drinks such as mead, sake and cider.

ID# 166732 SPEC-1290-3001 07:00PM-09:00PM R 02/15 - 03/29
Stephen Branigan Downtown Campus Nixson Gym 105 12.00 Hrs.

Advanced Home Brewing \$85.00

Prerequisite: Must be 21 years old. Learn advanced all-grain beer brewing techniques. Brew all-grain beer in class using mini-pro home brewing system. Discuss how to build brew stands and home kegging systems. Basic understanding of home fermentation (extract kits) recommended but not required.

ID# 166733 SPEC-1290-3002 07:00PM-09:00PM F 04/06 - 05/11
06:00PM-10:00PM F 04/13
Stephen Branigan Downtown Campus Nixson Gym 105 14.00 Hrs.

Dance (Teen-Adult)

Ballet

Ballet Beginning/Intermediate \$110.00

This class will focus on correct body placement, stretching, strengthening, and vocabulary. Correct technique for turns and jumps will be taught. Dance attire and ballet shoes required. For additional information please call (806) 356-3635.

ID# 166753 PREP-1053-3001 07:30PM-08:30PM W 01/17 - 05/09
Connie Slagle WC Gym/Dance 107 16.00 Hrs.

Ballroom Dancing

Ballroom Dancing - Beginning/Intermediate \$106.00

An introduction to six major dances. Basics of Waltz, Tango, Foxtrot, Cha-Cha, Swing as well as techniques on how to follow and lead.

ID# 166360 DANCE-1005-3002 07:00PM-08:30PM M 01/22 - 05/07
Downtown Campus Nixson Gym 200 22.50 Hrs.

ID# 166359 DANCE-1005-3001 07:00PM-08:30PM W 01/17 - 05/09
Edgar Tarango Downtown Campus Nixson Gym 102C 24.00 Hrs.

Ballroom Dancing - Beginning \$56.00

Introduction to ballroom dancing. Basics of Foxtrot, Waltz, East Coast Swing, Rumba, Samba, Tango, and Cha-Cha. Partner is required. Closed toe shoes and no backless shoes.

ID# 166361 DANCE-1005-2001 07:00PM-09:00PM F 01/19 - 02/23
Bob & Nancy Barr WSC Russell Hall 103 12.00 Hrs.

Ballroom Dancing-Intermediate \$56.00

Continuation of beginning class. Partner required. Must have taken beginning class, equivalent experience, or instructor permission.

ID# 166362 DANCE-1007-3001 07:00PM-09:00PM F 04/06 - 05/11
Bob & Nancy Barr WSC Russell Hall 103 12.00 Hrs.

Belly Dancing

Belly Dancing - Beginning

\$106.00

Basics of belly dance in a fun, relaxed atmosphere. Wear something comfortable and bring a scarf to wrap around your hips.

ID# 166364 DANCE-1010-3001 06:30PM-08:00PM W 01/17 - 05/09
Shelly Stephens Downtown Campus Nixson Gym 200 24.00 Hrs.

Clogging

Clogging - Basic

\$43.00

Clogging is a percussive dance like tap dancing which originated in the Appalachian Mountains. Although Bluegrass or old time fiddle music is the traditional music that cloggers dance to, today we clog too many styles of music like pop, country, and even rap. Come learn to clog! It is a lot of fun and very good exercise.

Precision Line: <https://www.youtube.com/watch?v=NMA5kgajhEA>

Traditional Hoedown: https://www.youtube.com/watch?v=nJScMMwIP_Y

ID# 166365 DANCE-1013-2001 01:00PM-02:30PM S 01/27 - 03/03
Brian Vick Downtown Campus Nixson Gym 102C 9.00 Hrs.

Clogging - Intermediate

\$43.00

Prerequisite: Clogging beginning class or previous experience.

Precision Line: <https://www.youtube.com/watch?v=NMA5kgajhEA>

Traditional Hoedown: https://www.youtube.com/watch?v=nJScMMwIP_Y

ID# 166366 DANCE-1013-3001 01:00PM-02:30PM S 04/07 - 05/12
Brian Vick Downtown Campus Nixson Gym 102C 9.00 Hrs.

Country Western Dancing

Country Western Dance - Beginning

\$73.00

Learn the basic Texas Two-step, Waltz, Cotton-eye Joe, Jitterbug and line dances.

ID# 166706 DANCE-1015-2001 07:00PM-09:00PM T 01/16 - 03/06
WSC Russell Hall 104 16.00 Hrs.

ID# 166707 DANCE-1015-3001 07:00PM-09:00PM R 03/22 - 05/10
Joe & Sissy Sexton WSC Russell Hall 103 16.00 Hrs.

Country Western Dance - Intermediate

\$73.00

Couples only. Advanced Texas Two-step, Waltz, Sweetheart Schottische, Triple Two-step, and East Coast Swing.

ID# 166709 DANCE-1016-2001 07:00PM-09:00PM R 01/18 - 03/08
WSC Russell Hall 103 16.00 Hrs.

ID# 166710 DANCE-1016-3001 07:00PM-09:00PM T 03/20 - 05/08
Joe & Sissy Sexton WSC Russell Hall 104 16.00 Hrs.

Dog Obedience

Dog Obedience Level 1

\$40.00

Keep your 4-legged friend an active and balanced part of your family. Learn to teach your dog to sit down, stay, walk on a leash, and come when called. You must bring up to date vaccination records on first day of class. No dogs at first session. Class will meet at DWTN Nixson Gym on Day 1 and during inclement weather. All other classes will meet at Thompson Park's Dog Park rest of classes when weather permits.

ID# 166397 SPEC-1151-2001 06:00PM-07:00PM T 01/16 - 02/20

ID# 166399 SPEC-1151-2002 06:00PM-07:00PM R 01/18 - 02/22

ID# 166401 SPEC-1151-3001 07:00PM-08:00PM T 03/20 - 04/24

ID# 166402 SPEC-1151-3002 06:00PM-07:00PM R 03/22 - 04/26

Amy West Downtown Campus Nixson Gym 102C 6.00 Hrs.
and Thompson Park Dog Park

Dog Obedience Level II

\$40.00

Keep your 4-legged friend an active and balanced part of your family. Learn to teach your dog to sit down, stay, walk on a leash, and come when called. You must bring up to date

vaccination records on first day of class. No dogs at first session. Class will meet at DWTN Nixon Gym on Day 1 and during inclement weather. All other classes will meet at Thompson Park's Dog Park rest of classes when weather permits.

ID# 166404 SPEC-1151-2004	07:00PM-08:00PM	T	01/16 - 02/20
ID# 166405 SPEC-1151-3004	06:00PM-07:00PM	T	03/20 - 04/24
Amy West	Downtown Campus Nixon Gym 102C		6.00 Hrs.
	and Thompson Park Dog Park		

Fencing

Fencing Beginning (Ages 13-Adult) \$106.00

This class is for students, ages 13 to adult who have less than 3 semesters of fencing instruction. Provides beginning instruction in the basic principles of modern sport fencing. Introduces basic techniques of the foil and epee. Depending on student interest, some instruction in the techniques of the sabre may be available. All equipment for students in this class is provided. The instructors are professional members of USA Fencing.

ID# 166130 HER-1056-3001	07:00PM-08:30PM	R	01/18 - 05/10
Bary Nusz/Mathew Gasparovich	WSC Russell Hall 104		24.00 Hrs.

Fencing Competitive (Ages 13-Adult) \$100.00

For students who are or want to be competitive fencers. Students in this class are required to be outfitted in full USA Fencing regulation standard uniform and all necessary foil and epee equipment. Depending on the student's experience, the class provides beginning, intermediate or advanced instruction in the basic principles of modern sport fencing and emphasizes instruction in the techniques of the foil, epee and to a lesser extent, saber. The class consists of drills, sparring and competitive bouts.

ID# 166133 HER-1055-3001	10:00AM-11:30AM	S	01/20 - 05/05
Bary Nusz/Mathew Gasparovich	WSC Russell Hall 104		22.50 Hrs.

Fitness and Health

All in Body Workout \$73.00

All body toning and strengthening workout class. It helps to improve your cardio endurance, strength, and flexibility. It is fast-pace and a fun loving workout.

ID# 166579 HER-1002-3002	05:30PM-06:30PM	TR	01/16 - 03/08
ID# 166580 HER-1002-3003	05:30PM-06:30PM	TR	03/20 - 05/10
CJ Wilke	WSC Russell Hall 103		16.00 Hrs.

BODYSHRED® \$73.00

Most fitness classes are based on one modality of fitness - BODYSHRED® integrates all of them. Most classes are preprogrammed and or redundant and repetitive with the exercises. BODYSHRED® is utterly unique in the type of exercises you'll experience as well as the programming. There are over 250 separate exercises and none of the classes repeat circuits so your body will never adapt. BODYSHRED® is 3 dimensional, full body, dynamic metabolic training. You're always moving, there are no breaks, no delays; it is literally non-stop for 30 straight minutes once the music starts. Most classes range from 45-90 minutes and can't deliver the same results that BODYSHRED® does in practically half the time. Possibly the most significant answer is that the program is validated by proven results that Jillian has gotten repeatedly with clients, based on her methodology. Not many group fitness classes have this kind of track record.

ID# 166585 HER-1127-2001	06:00AM-07:00AM	MW	01/17 - 03/07
			15.00 Hrs.
ID# 166586 HER-1127-3001	06:00AM-07:00AM	MW	03/19 - 05/09
Kristen Dow	WSC Russell Hall 103		16.00 Hrs.
ID# 166587 HER-1127-2002	12:00PM-01:00PM	MW	01/17 - 03/07
			15.00 Hrs.
ID# 166588 HER-1127-3002	12:00PM-01:00PM	MW	03/19 - 05/09
Kristen Dow	WSC Carter Fitness Center 113		16.00 Hrs.

B-Xtreme \$68.00

Cross fitness training. Intense interval training using free weights and various exercises.

ID# 166589 HER-1143-3001	10:00AM-11:00AM	M	01/22 - 05/07
ID# 166590 HER-1143-3002	07:00PM-08:00PM	T	01/23 - 05/08
ID# 166591 HER-1143-3003	10:00AM-11:00AM	W	01/24 - 05/09

ID# 166592 HER-1143-3004 07:00PM-08:00PM R 01/25 - 05/10
Beverly Walker WSC Carter Fitness Center 109 15.00 Hrs.

Butts & Guts \$68.00

Various toning exercises focusing specifically on glutes and abdominals.

ID# 166578 HER-1002-3001 12:00PM-01:00PM F 01/19 - 05/11
CJ Wilke WSC Russell Hall 103 15.00 Hrs.

Early Bird Cardio & Abs \$113.00

Get your workout done early. Burn fat and calories with easy aerobic moves. Then tone up abs, butt, hips and legs with Pilates and varied mat exercises. Stretch to finish off a total body workout.

ID# 166581 HER-1002-3004 05:30AM-06:15AM MW 01/08 - 05/09
Sandy Porter WSC Russell Hall 104 24.75 Hrs.

Early Bird Cardio & Strength \$113.00

Total body workout. Tone and build muscle using weights, body bar and tubing. Burn calories with simple dance and step moves. Finish with a relaxing stretch.

ID# 166582 HER-1002-3005 05:30AM-06:15AM TR 01/09 - 05/10
Sandy Porter WSC Russell Hall 104 25.50 Hrs.

Cardio & Strength \$140.00

This class provides high intensity interval training (HIIT) through a combination of circuit workouts and tabata sequences. Burn calories and tone muscles by alternating basic cardio moves and weight training targeted at specific muscle groups. Strengthen your core through a series of pilates exercises and improve flexibility with final stretching.

ID# 166665 HER-1002-3007 05:30PM-06:30PM TR 01/16 - 05/10
Chuck Ledwig WSC Russell Hall 104 32.00 Hrs.

Cardio & Strength \$73.00

ID# 167608 HER-1002-3008 05:30PM-06:30PM TR 01/16 - 03/08
ID# 167609 HER-1002-3009 05:30PM-06:30PM TR 03/20 - 05/10
Chuck Ledwig WSC Russell Hall 104 16.00 Hrs.

Kickstart Fitness \$73.00

Geared towards the beginner/intermediate exerciser. A great introduction to all aspects of fitness. Our Cardiovascular component will take place outside as the weather permits using the walking trails close to the college campus. We will incorporate body weight exercises with a major focus on form and safety to build a strong foundation of strength and flexibility. A great class to kick start your fitness lifestyle and prepare you for more intense classes in the future.

ID# 166595 HER-1002-3006 04:30PM-05:30PM TR 03/20 - 05/10
Rachel Reneau WC Building B Foyer 16.00 Hrs.

Spinning \$73.00

Indoor studio cycle spinning bike riding. Various music settings to create an energized atmosphere. Instructors guide participants through workout phases: warm-up, steady up tempo cadences, sprints, climbs, cool-down, etc. Some video based instruction also.

ID# 166583 HER-1023-3001 05:30PM-06:30PM TR 01/16 - 03/08
ID# 166584 HER-1023-3002 05:30PM-06:30PM TR 03/20 - 05/10
Sandra De La Rosa WSC Carter Fitness Center 115 16.00 Hrs.

Stretch and Strengthen \$73.00

Improve your strength and flexibility using gravity, your own body, and a series of static poses in a class for beginner through intermediate levels. Students must provide own yoga mat.

ID# 166593 HER-1182-3001 05:30PM-06:30PM TR 01/16 - 03/08
ID# 166594 HER-1182-3002 05:30PM-06:30PM TR 03/20 - 05/10
Kim Johnson Downtown Campus Nixon Gym 200 16.00 Hrs.

Tai Chi (Teen-Adult)

Tai Chi \$106.00

Tai Chi and Qi Gong. Learn the free flowing Tibetan style of meditation in motion. Basic concepts of Chi, Yin Yang, and eastern philosophy are addressed. The health aspects of

breathing, balance, the brain, body work, and beauty are emphasized. The first eight weeks of classes address beginning tai chi and the remainder blend intermediate chi gung such as push hands and bagwa.

ID# 166597 HER-1157-3001 06:30PM-08:00PM W 01/17 - 05/09
Jacque Koch WSC Russell Hall 103 24.00 Hrs.

Yoga (Teen-Adult)

Amy's Yoga **\$73.00**

Practice yoga poses, improve balance, flexibility, strengthen and tone muscles without joint stress and reduce stress.

ID# 166598 HER-1183-2001 09:00AM-10:00AM MW 01/17 - 03/07
15.00 Hrs.

ID# 166599 HER-1183-3001 09:00AM-10:00AM MW 03/19 - 05/09
Amy Smith WSC Russell Hall 103 16.00 Hrs.

Yoga Sculpting **\$73.00**

A total body workout combining yoga and strength training. Each exercise blends the body sculpting benefits of weight training with the mind-body practice of yoga. Final stretch and relaxation will finish off each class. All fitness levels welcome. Students must provide own yoga/exercise mat.

ID# 166600 HER-1183-2002 12:30PM-01:30PM MW 01/17 - 03/07
15.00 Hrs.

ID# 166601 HER-1183-3002 12:30PM-01:30PM MW 03/19 - 05/09
Andrea Davidson WSC Russell Hall 103 16.00 Hrs.

Yoga - Basic **\$73.00**

Various stretches and strengthening poses/exercises that help to tone and relax your muscles without joint stress. Beginner through intermediate levels.

ID# 166602 HER-1183-2003 05:30PM-06:30PM MW 01/17 - 03/07
15.00 Hrs.

ID# 166603 HER-1183-3003 05:30PM-06:30PM MW 03/19 - 05/09
Taylor Withrow Downtown Campus Nixon Gym 200 16.00 Hrs.

Yoga **\$73.00**

Yoga for everyone. Stretching, toning and relaxation exercises.

ID# 166604 HER-1183-3004 06:00AM-07:00AM TR 01/16 - 03/08

ID# 166605 HER-1183-3005 06:00AM-07:00AM TR 03/20 - 05/10
Kristen Dow WC Gym/Dance 107 16.00 Hrs.

Yoga for Everyone **\$68.00**

Enjoy an hour completely focused on your physical balance and well-being. Concentrate on breathing and muscle control. Develop strength and flexibility. Leave class feeling rejuvenated. Students must provide own yoga/exercise mat.

ID# 166606 HER-1183-3006 09:30AM-10:30AM S 01/20 - 05/12
Betty Goodgion WSC Russell Hall 103 15.00 Hrs.

Zumba® (Teen-Adult)

Zumba® **\$73.00**

Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called "exercise in disguise."

ID# 166646 HER-1011-3001 05:30PM-06:30PM W 01/17 - 05/09
Hector Leal III WSC Russell Hall 103 16.00 Hrs.

ID# 166650 HER-1011-3002 07:30PM-08:30PM W 01/17 - 05/09
Hector Leal III WSC Russell Hall 104 16.00 Hrs.

Zumba® - Gold **\$68.00**

Takes the Zumba® formula and modifies the moves and pacing to suit the needs of the active older participant as well as those starting or restarting their journey to fitness. Zesty Latin and current music. Exhilarating, easy to follow moves and most of all FUN!

ID# 166596 HER-1012-3001 10:30AM-11:30AM S 01/20 - 05/12

Betty Goodgion

WSC Russell Hall 103

15.00 Hrs.

Games

Bridge-Beginning

\$39.00

Are you an absolute beginner or do you need a refresher on your skills? Bridge is a mental sport and a great way to improve your memory and concentration skills. Meet new people and enjoy learning in a fun relaxed class.

ID# 166479 HER-1031-2001 07:00PM-09:00PM T 02/06 - 02/27
Jacque Davis O'Brien Bridge Center 8.00 Hrs.
2409 SW 42nd Ave

Bridge - Intermediate

\$39.00

Move from a novice player to an intermediate player with more competitive skills in intermediate bridge lessons. Bridge is a mental sport and a great way to improve your memory and concentration skills. Meet new people and enjoy learning in a fun relaxed class.

ID# 166518 HER-1032-3001 07:00PM-09:00PM T 03/20 - 04/10
Jacque Davis O'Brien Bridge Center 8.00 Hrs.
2409 SW 42nd Ave

Gardening

Organic Gardening

\$44.00

Everything you need to know to have a successful backyard garden using organic practices. We will discuss what to plant, soil amendments, composting, types of gardens and much more!

ID# 166627 SPEC-1181-3002 05:30PM-07:00PM T 03/20 - 05/08
Justin Young High Plains Food Bank Garden 12.00 Hrs.
9th and Willow

Sustainable Horticulture 101

\$69.00

Return to the practice of cultivating naturally for your area and condition. Art of gardening continues to evolve to the needs of the region and its ever changing environment. For gardeners who do not want to deplete or permanently damage natural resources and thereby supporting long-term ecological balance. You will learn how to garden by modeling after nature's ability to sustain the earth for future generations.

ID# 166519 SPEC-1181-2001 05:30PM-07:30PM R 01/18 - 02/22
Synthia Christensen 5511 W. 36th Ave 12.00 Hrs.

Sustainable Horticulture 201

\$69.00

Intermediate class: extension of Sustainable Horticulture 101. Return to the practice of cultivating naturally for your area and condition. Art of gardening continues to evolve to the needs of the region and its ever changing environment. For gardeners who do not want to deplete or permanently damage natural resources and thereby supporting long-term ecological balance. You will learn how to garden by modeling after nature's ability to sustain the earth for future generations.

ID# 166626 SPEC-1181-3001 06:00PM-08:00PM R 03/22 - 04/26
Synthia Christensen 5511 W. 36th Ave 12.00 Hrs.

Golf

Golf for Couples

\$45.00

Brush up your skills! For beginning through advanced golfers. Class fees include green fees and range balls.

ID# 166664 HER-1063-3003 06:00PM-07:30PM M 04/16 - 04/23
Devonte Landers Preston West Golf Course 3.00 Hrs.
9101 S Coulter St.

Golf - Ladies Clinic

\$45.00

Brush up your skills! For beginning through advanced golfers. Class fees include green fees and range balls.

ID# 166663 HER-1063-3002 09:00AM-10:30AM M 05/07 - 05/14

ID# 166660 HER-1063-3001	06:00PM-07:30PM	M	05/14 - 05/21
Devonte Landers	Preston West Golf Course		3.00 Hrs.
	9101 S Coulter St.		

Gymnastics

For additional information please call (806) 356-3668.

Teen Tumbling (Ages 13-19) \$110.00

Prerequisite: Must be able to perform back-handsprings without coach assistance.

ID# 166760 HER-1019-3001	07:00PM-08:00PM	M	01/22 - 05/07
Morgan Richardson	WC Gym/Dance 101		15.00 Hrs.

Adult Power Tumbling & Trampoline \$110.00

Prerequisite: Must be able to perform back-handsprings without coach assistance.

ID# 166766 HER-1019-3002	07:30PM-08:30PM	W	01/17 - 05/09
Riana Diegelman	WC Gym/Dance 101		16.00 Hrs.

Homeschooling

The Homeschool "How To" for Adults \$52.00

This class is facilitated by a teacher who was homeschooled, who has dyslexia, and is a successful college graduate. Whether you are new to homeschooling, want to start, or have been doing it for years, this is the class for you. Take a look at "how to" homeschool, suggestions for when you hit a "bump in the road," or what to do when you are frustrated with a subject. Explore different learning styles of children and ways to get children invested in their own education. A great opportunity to ask questions and resource with other parents.

ID# 167739 MISC-1075-3001	09:00AM-11:00AM	T	01/30, 02/27, 03/27, 04/24, 05/15
Taylor Brewster	Downtown Campus 120		10.00 Hrs.

Hunter Education

Upland Game Hunting (Ages 9-Adult) \$42.00

Gain knowledge of guns and ammunition, proper gun handling and safe hunting methods. Tips, hints, and strategies for the successful harvest of deer, quail, pheasant, turkey, etc. Minimum age 9 years. One off-site meeting will be arranged by the instructor.

ID# 166462 SPEC-1283-2001	06:30PM-08:30PM	M	01/22 - 02/26
ID# 166463 SPEC-1283-3001	06:30PM-08:30PM	M	03/19 - 04/23
Bill McCubbin	WC Building C 110C		12.00 Hrs.
Wayne Ellis/Tom King			

Languages

Japanese Reading & Writing Beginning \$162.00

Learn an exciting, fun language and delve into Japanese culture. Read and write Japanese Kana and Kanji while studying basic Japanese grammar. Proficiency will require some homework.

ID# 166427 LANG-1020-3001	06:00PM-07:30PM	TR	01/16 - 04/12
Catherine Urban	WSC Byrd Business Bldg 408		36.00 Hrs.

Latin Beginning \$98.00

Salve! Learn the language that is the grandfather of all modern Romance languages-- Latin! This course will teach the basics of pronunciation and grammar, using selections from classical and biblical texts. No homework or textbooks required. All materials will be provided by the instructor.

ID# 166428 LANG-1019-3001	05:30PM-07:30PM	S	01/20 - 04/14
Catherine Urban	WSC Parcels Hall 215		22.00 Hrs.

Spanish Conversational Beginning \$84.00

Basic tools for everyday communication. Practical for those who need Spanish for jobs, trips, etc. Taught by a native Spanish speaking instructor with over 25 years of teaching experience.

ID# 166429 LANG-1031-2001	06:00PM-08:30PM	M	01/22 - 03/05
ID# 166433 LANG-1031-2002	06:00PM-08:30PM	W	01/24 - 03/07
ID# 166435 LANG-1031-3001	06:00PM-08:30PM	M	03/19 - 04/30
ID# 166437 LANG-1031-3002	06:00PM-08:30PM	W	03/21 - 05/02
Lucy Gaete	Downtown Campus 113		17.50 Hrs.

Spanish Conversational Intermediate **\$84.00**

Focus on working with verbs. Learn to speak and write complete sentences with a native Spanish speaking instructor with over 25 years of teaching experience.

ID# 166436 LANG-1033-3001	06:00PM-08:30PM	T	03/20 - 05/01
Lucy Gaete	Downtown Campus 113		17.50 Hrs.

Spanish Conversational Advanced **\$84.00**

Focus on grammar; present, past, and future verb tenses. Taught by a native Spanish speaking instructor with over 25 years of teaching experience.

ID# 166439 LANG-1034-2001	06:00PM-08:30PM	R	01/25 - 03/08
Lucy Gaete	Downtown Campus 113		17.50 Hrs.

Motorcycle Operator Training



To register or for more information, please contact Jacque McGlohon at (806) 371-2902.

Preventative Motorcycle Maintenance **\$39.00**

Get your motorcycle ready for riding season! We will go over a variety of topics to ensure you, your bike and your gear are ready to safely hit the road.

ID# 166469 MOTRG-1002-3001	08:00AM-12:00PM	S	02/03
Josiah West	West Campus Building C 110C		4.00 Hrs.

Motorcycle RiderCourse - Basic **\$235.00**

Please note a prerequisite of 3 hours of online instruction must be completed PRIOR to your participation in the road class.

Requirements:

Approved by the Department of Public Safety and required for everyone, regardless of age, applying for a first time motorcycle endorsement.

1. Must be at least 15 years of age and have an unrestricted provisional class "C" or higher driver license or learner permit.
2. Ability to ride a two-wheeled bicycle.
3. Must bring driver license or learner permit along with certificate of completion for online e-course.
4. Students under 18 years of age must bring parent or guardian with them to start of first class in order to have them sign a waiver.
5. Proof of completion of 3 hours of online instruction.
6. Participants must wear protective gear, eye protection, sturdy leather footwear that covers the ankle, long-sleeve shirt or jacket, long non-flare denim pants, or equivalent, and full-fingered gloves, preferably leather.

7. Motorcycle and helmet will be furnished, however, you may use your own DOT approved helmet.

Please arrive 15 minutes prior to class start time. Class tuition and fees will be forfeited unless ALL required conditions are met. Class may run past the scheduled end time each day due to inclement weather and/or student needs. This class is physically demanding and requires motorcycle riding outside in inclement weather conditions. You MUST be in good health to take this class.

East Campus Public Service Training Center Room 115

ID# 166217 MOTRG-1003-2001	08:00AM-05:30PM	SU	02/10 - 02/11
ID# 166219 MOTRG-1003-2003	08:00AM-05:30PM	SU	02/24 - 02/25
ID# 166222 MOTRG-1003-3003	08:00AM-05:30PM	SU	04/07 - 04/08
ID# 166224 MOTRG-1003-3005	08:00AM-05:30PM	SU	04/21 - 04/22
ID# 166226 MOTRG-1003-3007	08:00AM-05:30PM	SU	05/05 - 05/06
ID# 166228 MOTRG-1003-3009	08:00AM-05:30PM	SU	05/19 - 05/20
Staff			15.00 Hrs.

West Campus Building C Room 110C

ID# 166218 MOTRG-1003-2002	08:00AM-05:30PM	SU	02/17 - 02/18
ID# 166220 MOTRG-1003-3001	08:00AM-05:30PM	SU	03/03 - 03/04
ID# 166221 MOTRG-1003-3002	08:00AM-05:30PM	SU	03/24 - 03/25
ID# 166223 MOTRG-1003-3004	08:00AM-05:30PM	SU	04/14 - 04/15
ID# 166225 MOTRG-1003-3006	08:00AM-05:30PM	SU	04/28 - 04/29
ID# 166227 MOTRG-1003-3008	08:00AM-05:30PM	SU	05/12 - 05/13
Staff			15.00 Hrs.

Music

For additional information please call (806) 371-5340 unless otherwise noted.

Amarillo Master Chorale \$56.00

Perform advanced choral literature. Extra rehearsal(s) before performance(s).

ID# 166211 MUSIC-1020-3001	07:00PM-09:45PM	M	01/22 - 05/07
Nathaniel Fryml	WSC Music Building 102		41.25 Hrs.

Community Concert Band \$56.00

Perform concert band literature. Extra rehearsal(s) before performance(s).

ID# 166212 MUSIC-1022-3001	07:00PM-09:45PM	M	01/22 - 05/07
Kellie Bartley	WSC Music Building 104		41.25 Hrs.

Guitar Class \$56.00

A basic study of guitar covering scales, chord progressions, sight reading, tablature style and technique.

ID# 166213 MUSIC-1042-3001	07:00PM-09:45PM	M	01/22 - 05/07
Homero Campos	WSC Music Building 200		41.25 Hrs.

Guitar Ensemble \$56.00

For intermediate to advanced guitarists with experience reading notated music for guitar.

ID# 168217 MUSIC-1042-3002	07:00PM-09:45PM	T	01/16 - 05/08
Homero Campos	WSC Music Building 200		44.00 Hrs.

Jazz Ensemble \$56.00

Study and perform jazz, jazz-rock, swing, and modern experimental jazz compositions.

ID# 166214 MUSIC-1170-3001	12:30PM-01:45PM	MW	01/17 - 05/09
James Laughlin	WSC Music Building 104		38.75 Hrs.

Concert Choir \$56.00

Concert Choir is a select collegiate vocal ensemble committed to the performance of outstanding literature from the Renaissance through the present. Extra rehearsal(s) before performance(s).

ID# 166231 MUSIC-1150-3001	12:30PM-01:45PM	MW	01/17 - 05/11
	10:00AM-11:45AM	F	
Nathaniel Fryml	WSC Music Building 102		65.00 Hrs.

Opera Workshop \$56.00

Participate in opera production(s). Audition required for all performance jobs. Possibilities include chorus, backstage work, set design/construction etc.

ID# 166233 MUSIC-1088-3001 07:30PM-10:00PM TR 01/16 - 05/10
Mary Jane Johnson WSC Music Building 102 80.00 Hrs.

Chamber Orchestra \$56.00

Perform chamber orchestra literature. Extra rehearsal(s) before performance(s).

ID# 166234 MUSIC-1095-3001 07:00PM-09:45PM R 01/18 - 05/10
David Hinds WSC Music Building 104 44.00 Hrs.

Piano Ensemble \$56.00

For piano students, instructors and those who just love to play! Explore, rehearse and perform a variety of literature for piano ensemble, increase knowledge of lesser-used repertoire, and hone individual reading and ensemble skills at all levels. Bring your passion for music and be ready for some fun! For more information contact Diego Caetano at d0581368@actx.edu

ID# 166235 MUSIC-1111-3001 10:00AM-11:30AM S 01/20 - 05/05
Diego Caetano WSC Music Building 303 19.50 Hrs.

Piano - Beginning \$64.00

For students with no previous piano experience. Emphasis is on learning the basics: recognizing notes on the keyboard and music staff, rhythm, dynamics, key signatures, time signature, value of note and rests, etc. Students learn how to effectively read and accurately interpret music. These skills enable each student to pursue more advanced techniques through an Intermediate Piano class and/or Private Lessons. Book required but do not purchase until after the first class meeting. Students must be at least a sophomore in high school. Enrollment is limited to 11 students. For additional information please call (806) 371-2920.

ID# 166319 MUSIC-1110-3001 07:00PM-09:00PM M 01/22 - 03/05
Helen Kilburn WSC Music Building 203 14.00 Hrs.

Piano - Intermediate \$73.00

Prerequisite: Piano-Beginning or permission of the instructor. For additional information please call (806) 371-2920.

ID# 166320 MUSIC-1111-3002 07:00PM-09:00PM M 03/19 - 05/07
Helen Kilburn WSC Music Building 203 16.00 Hrs.

Photography

Digital SLR Camera - Basic \$61.00

Beginners course for digital SLR (Single Lens Reflex) camera. Learn the settings to help get past the fears of the camera. Instruction manual and camera equipment is required to bring to the class.

ID# 166412 PHOTO-1015-2001 07:00PM-09:00PM T 01/16 - 02/20

ID# 166413 PHOTO-1015-3001 07:00PM-09:00PM T 03/20 - 04/24

ID# 166414 PHOTO-1015-3002 10:00AM-12:00PM S 04/07 - 05/12

Pat Parker WSC Parcels Hall 314 12.00 Hrs.

Photographic Composition \$78.00

Designed for those who have taken Camera - Basic. An in-depth study of photographic composition. Will enhance the photographer's vision resulting in stronger visual images.

ID# 166415 PHOTO-1015-3003 07:00PM-09:00PM R 03/22 - 05/10

Pat Parker WSC Parcels Hall 314 16.00 Hrs.

Night and Low Light Photography \$61.00

Adjust the settings on your DSLR. Take long exposure photos in low light and paint with light.

ID# 166410 PHOTO-1070-2001 07:00PM-09:00PM M 01/22 - 02/26

Chris Haden WSC Parcels Hall 314 12.00 Hrs.

Landscape Photography \$61.00

Learn how to photograph landscapes and take detailed photos of structures and ruins in an urban setting.

ID# 166411 PHOTO-1070-3001 07:00PM-09:00PM M 03/19 - 04/23

Chris Haden WSC Parcels Hall 314 12.00 Hrs.

Self Defense/Martial Arts

Aikido Self-Defense

\$131.00

Introduction to the self-defense martial art of Aikido. Aikido combines the joint locks and throws from jujitsu with the dynamic movements of sword and spear fighting. Instructor is a member of the United States Aikido Federation. No prior martial arts experience needed. Students are encouraged to wear a martial arts Gi uniform.

ID# 166464 HER-1021-3001 06:00PM-07:00PM MW 01/22 - 05/09
James Albertson/Scott DeJesse Downtown Campus Nixson Gym 102C 30.00 Hrs.

Aikido Self-Defense

\$47.00

ID# 166465 HER-1021-2001 06:00PM-07:00PM MW 01/22 - 02/21
ID# 166466 HER-1021-3002 06:00PM-07:00PM MW 02/26 - 04/04
ID# 166467 HER-1021-3003 06:00PM-07:00PM MW 04/09 - 05/09
James Albertson/Scott DeJesse Downtown Campus Nixson Gym 102C 10.00 Hrs.

Dragons Jeet Kune Do

\$64.00

Dragons will be taught various self-defense principles and techniques which are designed to subdue, control and defeat an assailant. Coursework is fun nontraditional and easy to learn.

ID# 166468 HER-1021-3004 11:00AM-12:00PM S 01/20 - 05/05
Michael Watson Downtown Campus Nixson Gym 102C 14.00 Hrs.

Sewing/Needle Arts/Upholstery

Upholstery - Basic

\$270.00

Recover your favorite easy chair. Learn how to determine the quality of a piece of furniture and ways to improve that quality while making it comfortable and attractive. The largest piece of furniture allowed is a two-cushion couch (love seat). Please bring your project to first class meeting. All projects must be removed from classroom when class ends.

Student must furnish own supplies. Enrollment is limited to 12 students.

ID# 166371 SPEC-1295-3001 06:00PM-10:00PM M 01/22 - 05/07
ID# 166372 SPEC-1295-3002 06:00PM-10:00PM T 01/23 - 05/08
Niko Navarro Downtown Campus Nixson Gym 102 60.00 Hrs.

Basic Knitting

\$53.00

Learn basic knitting skills: casting on, knit stitch, purl stitch, increases and decreases, and binding off. By the end of the class you will have basic skills needed to make a scarf, ear warmer headband, hat, or spa cloth. Supplies needed for first class: single-point metal needles - size 7(4.5mm) or size 8(5mm), 1 skein worsted weight (#4) yarn in a lighter color, and scissors.

ID# 166393 SEW-1009-2001 06:30PM-08:30PM M 01/29 - 02/26
Janet Howe Downtown Campus 123 10.00 Hrs.
ID# 166394 SEW-1009-3001 06:30PM-08:30PM M 03/26 - 04/23
Janet Howe Downtown Campus 123 10.00 Hrs.

Machine Sewing 101

\$69.00

Class covers the care and use of a sewing machine, how to read a pattern, sizing and simple finishing techniques. Perfect any sewing project by following the fundamentals taught in this beginner to intermediate sewing course. Once you learn the basics of garment construction, you have the foundation to create and sew whatever you can dream up. Students will furnish the fabric, pattern, and notions. Supply list available at the first class. Sewing machines are provided.

ID# 166369 SEW-1040-3001 06:30PM-08:30PM W 01/17 - 02/28
ID# 166370 SEW-1040-3002 06:30PM-08:30PM W 03/21 - 05/02
Dollie Parker Downtown Campus 123 14.00 Hrs.

Creative Crochet

\$89.00

Come join us in the Creative Crochet Class. Learn how to read a pattern and stitch chart. Plus learn how to work a V stitch, change yarn color and work with 2 strands of yarn together. Beginners will learn basic stitches and make easy projects. Advance at your own pace as you spend an enjoyable 2 hours with us each Thursday night. For the first class meeting bring a skein of 4 ply yarn and size H aluminum crochet hook.

ID# 166395 SEW-1008-3001	06:30PM-08:30PM	R	01/18 - 03/29
D'Esta Sharp	Downtown Campus 123		20.00 Hrs.

Kids' College

Academic Tutoring

Math & Reading Made Fun (Grades K-2) \$140.00

Does your child need a boost in math or reading? This class is designed to tutor your child. Homework help, reading with a tutor, using our iPads, playing games, solving puzzles, learning new strategies, all to improve cognitive skills-- making learning a breeze.

ID# 166628 CHILD-2060-3001	06:00PM-07:00PM	TR	01/16 - 05/10
Amber Bolen	WC Building B 102		32.00 Hrs.

Math & Reading Made Fun (Grades 3-5) \$140.00

ID# 166629 CHILD-2060-3002	06:00PM-07:00PM	TR	01/16 - 05/10
Amber Bolen	WC Building B 102		32.00 Hrs.

Tutoring (Grades 6-8) \$140.00

Have you ever wished that there was "someone" that knew a little more than you do in your child's classes at school? This class is designed for homework help! Bring your child for an hour each Tuesday and Thursday and let them do their homework at our table. If you have a specific subject that your child needs help with, please call to make arrangements ahead of time.

ID# 166630 CHILD-2050-3001	06:00PM-07:00PM	TR	01/16 - 05/10
Amber Bolen	WC Building B 104		32.00 Hrs.

Tutoring (Grades 9-12) \$140.00

ID# 166631 CHILD-2050-3002	06:00PM-07:00PM	TR	01/16 - 05/10
Amber Bolen	WC Building B 104		32.00 Hrs.

AC Homeschool Academy

Cooking

Homeschool - Creative Sweets (Ages 10-13) \$33.00

If you love sweets and you love being creative then this is the class for you! Learn to paint with food coloring, create with candy and decorate cookies. Just in time for Valentine's Day!

ID# 167673 CHILD-1302-2001	09:00AM-12:00PM	T	02/06
Taylor Brewster	Downtown Campus 134		3.00 Hrs.

Golf

Homeschool - Golf (Ages 9-17) \$45.00

Learn the basics of golf: how to putt, chip and drive the ball. Each student will need: golf glove, putter, wedge, 7 iron, and driver. Please dress for weather conditions.

ID# 166634 CHILD-1026-3002	09:00AM-10:30AM	M	03/19 - 03/26
ID# 166639 CHILD-1026-3003	09:00AM-10:30AM	M	04/02 - 04/09
Devonte Landers	Preston West Golf Course		3.00 Hrs.
	9101 S Coulter St.		

History and Theatre

Homeschool - Live Museum (Grades 4-8) \$36.00

This is a dual class covering both history and theatre. Walk into the world of the past. Choose your favorite historical figure and bring them to life by investigation and

presentation. Family and friends are welcome to come on the last day and see history unfold before their eyes. Parents are responsible for costume costs.

ID# 168174 CHILD-2060-2005 02:00PM-03:30PM W 02/07 - 02/28
Matthew Payne WSC Ordway Hall 107 6.00 Hrs.

Math

Homeschool - Algebra I-II Refresher (Grades 9-12) \$30.00

This workshop is designed for those who need a refresher to prepare for the Physics Workshops.

ID# 168156 CHILD-2060-2002 10:00AM-12:00PM RF 02/08 - 02/09
Amber Bolen WSC Science Laboratory Building 305 4.00 Hrs.

Science

Homeschool – Physics Workshop I (Grades 9-12) \$71.00

Recommendation: Algebra I-II Refresher (ID# 168156 CHILD-2060-2002.) An overview of what physics is and the way it "makes the world go around." We will discuss laboratory safety and conduct an exciting physics lab experiment. Lastly we will complete a proper lab report together as a class.

ID# 168170 CHILD-2060-2003 08:00AM-12:00PM RFS 02/15 - 02/17
Amber Bolen WSC Science Laboratory Building 305 12.00 Hrs.

Homeschool - Physics Workshop II (Grades 9-12) \$71.00

Recommendation: Algebra I-II Refresher (ID# 168156 CHILD-2060-2002.) Receive an overview of radiation and discuss the role that nuclear materials have played in our nation and our world. We will calculate real-world problems, explore career options, cover safety and conduct a lab experiment.

ID# 168173 CHILD-2060-2004 08:00AM-12:00PM RFS 02/22 - 02/24
Amber Bolen WSC Science Laboratory Building 305 12.00 Hrs.

Homeschool - Let's Experiment! (Grades 4-8) \$33.00

Join us as we explore and experiment with fun hands-on activities. Why does your skin wrinkle in water? Why does milk and vinegar react? What makes plants green? Work on using the Scientific Method. Don't miss this opportunity to find these answers and many more!

ID# 167683 CHILD-2060-2001 09:00AM-12:00PM T 02/20
Taylor Brewster WSC Science Laboratory Building 309 3.00 Hrs.

Homeschool - Food Science (Grades 4-8) \$33.00

Do you like food? Do you like to cook? Math and science are an important part of understanding recipes and nutrition. Food Science is going to be a fun hands-on class that will take a look at normal foods and what happens when you add items such as baking soda, salt, vinegar, sugar or yeast to them. Use the scientific method, look at physical vs. chemical changes and what those changes do to the makeup of foods.

ID# 167686 CHILD-2060-3011 09:00AM-12:00PM T 03/06
Taylor Brewster Downtown Campus 134 3.00 Hrs.

Homeschool - Science Fair (Grades 7-12) \$72.00

Want to have an opportunity to show off your science skills? Here is your chance! Join us for a few weeks, sit down with a teacher who will help you develop your own ideas to come up with a supply list, turn those supplies into an actual project, which the student will present and be judged according to grade level. On April 25, there will be an open-house with a chance to win the blue ribbon. Students will be responsible for supplies. Class will not meet on Tuesday, April 24th.

ID# 167684 CHILD-2060-3012 09:00AM-12:00PM TW 04/10 - 04/25
Taylor Brewster WSC Science Laboratory Building 309 15.00 Hrs.

Spanish

Homeschool - Spanish Beginning (Grades 8-12) \$50.00

Explore the romantic language of Spanish. Taught by a native Spanish speaker with 25 years' experience. Student will be required to buy both a textbook and a workbook.

ID# 168171 CHILD-2060-3013 09:00AM-10:30AM F 01/19 - 05/11
Lucy Gaete Downtown Campus 119 15.00 Hrs.

ACCT – Amarillo College Conservatory Theatre

For additional information please call (806) 371-5909.

Comedy Tonight - Developing the Comedic Actor (Ages 13-18) \$125.00

An introduction to the development of the comedic character by emphasizing the importance of comedic timing, delivery and physicalization.

ID# 166321 ACT-1010-3001 04:15PM-05:15PM M 01/22 - 04/30
Linda Hughes WSC Ordway Hall 107 14.00 Hrs.

Developing the Dramatic Actor (Ages 13-18) \$125.00

For students ready to develop the emotional and performance levels necessary for the presentation of a believable dramatic character. Actors learn through individual theatrical exercises, monologues and end of semester presentations.

ID# 166322 ACT-1006-3001 05:00PM-06:30PM M 01/22 - 04/30
Matthew Payne WSC Ordway Hall 107 21.00 Hrs.

Theatre Concepts (Ages 10-13) \$125.00

Designed to teach beginning to advanced students the language of the theatre and foundational theatrical skills. Recommended for all levels of students in a practical theatre setting.

ID# 166324 ACT-1083-3002 05:00PM-06:00PM T 01/16 - 05/01
Jayme McBride WSC Ordway Hall 107 15.00 Hrs.

Advanced: Getting the Callback (Ages 13-18) \$125.00

An advanced studies class designed to explore local, college and national auditions. Help in selection of audition materials is offered within the curriculum of the class.

ID# 166325 ACT-1023-3001 05:00PM-06:30PM T 01/16 - 05/01
Linda Hughes WSC Ordway Hall 107 22.50 Hrs.

Pre-Conservatory Training (Ages 6-10) \$125.00

A fun and imaginative class designed for the very young theatre student. The curriculum includes introductory theatre games and creative dramatic exercises.

ID# 166326 ACT-1200-3001 04:15PM-05:15PM W 01/17 - 05/02
Matthew Payne WSC Ordway Hall 107 15.00 Hrs.

Senior Intensive (Ages 13-18) \$125.00

Designed for the advanced student who is ready to prepare and study for the professional world of theatre.

ID# 166328 ACT-1092-3001 05:00PM-06:00PM W 01/17 - 05/02
Jayme McBride WSC Ordway Hall 107 15.00 Hrs.

Introduction to Scene Studies (Ages 12-15) \$125.00

Development of the actor through the study of age appropriate theatre scenes. Modern theatre literature will be explored and performed at the end of the semester.

ID# 166327 ACT-1094-3001 05:00PM-06:00PM R 01/18 - 05/03
Matthew Payne WSC Ordway Hall 107 15.00 Hrs.

Advanced Scene Studies (Ages 14-18) \$125.00

Development of the actor through the study of age appropriate theatre scenes. Modern theatre literature will be explored and performed at the end of the semester.

ID# 166329 ACT-1094-3002 05:00PM-06:30PM R 01/18 - 05/03
Linda Hughes WSC Ordway Hall 107 22.50 Hrs.

Dance & Movement for the Actor (Ages 12-18) \$125.00

This class focuses on beginning ballet and movement on stage by instructing the student in the areas of dance, stage movement, and performance stance.

ID# 166331 ACT-1092-3002 05:00PM-06:30PM F 01/19 - 05/04
Kelsie Holmes Downtown Campus Nixson Gym 102C 22.50 Hrs.

Art

Acrylics Jr (Ages 8-15)

\$40.00

Mix colors, use different brushes and paint a masterpiece you will be proud to hang on your wall. Supply list will be furnished at first class meeting.

ID# 166138 CHILD-1142-3001 10:00AM-11:00AM S 04/07 - 05/12
Amy West Downtown Campus 123 6.00 Hrs.

How to Draw Anything (Ages 8-15)

\$40.00

Come learn How to Draw Anything with Amy! No matter what you want to draw, you can do it! Bring your imagination to life on a piece of paper by breaking down what you see. Turn your doodles into works of art. Dress to create.

ID# 166139 CHILD-1142-3002 11:00AM-12:00PM S 04/07 - 05/12
Amy West Downtown Campus 123 6.00 Hrs.

Cheerleading



For additional information please call (806) 356-3668.

No more than 12 students per instructor. All cheerleading instructors are CPR and First Aid certified. Please note that Friday and Saturday classes begin earlier than the Monday classes this semester ONLY. Parent Watch Day is the first and last class of each semester. Please be advised all classes are co-ed unless otherwise noted.

Cheerleading Beginning/Intermediate (Ages 4-7)

\$110.00

Beginning tumbling with correct technique. Partner stunting, jumps, cheers, and chants.

ID# 167121 CHILD-1030-3001 05:30PM-06:30PM F 01/19 - 05/11
Tabra Elliott WC Gym/Dance 101 15.00 Hrs.

Cheerleading Beginning/Intermediate (Ages 8-11)

\$110.00

Beginning tumbling with correct technique. Partner stunting, jumps, cheers, and chants.

ID# 167124 CHILD-1030-3002 05:00PM-06:00PM T 01/16 - 05/08
Abbie Jurado WC Gym/Dance 101 16.00 Hrs.

Cheerleading Beginning/Intermediate (Ages 12-16)

\$110.00

Beginning tumbling with correct technique. Partner stunting, jumps, cheers, and chants.

ID# 167126 CHILD-1030-3003 07:00PM-08:00PM W 01/17 - 05/09
Morgan Richardson WC Gym/Dance 101 16.00 Hrs.

Culinary for Kids

Due to the cost of ingredients, there will be no refunds after 12 noon the day before class begins.

"Eggcellent" Breakfast (Grades 4-8)

\$30.00

Casseroles, homemade donuts, breakfast sandwiches and so much more! Plus, we get to eat our creations!

ID# 167995 CHILD-1736-2001 09:00AM-12:00PM S 01/13
Rhonda Ridley Business & Industry Center 134 3.00 Hrs.

Desserts for Days (Grades 4-8)

\$30.00

Learn to make delicious cakes, pies, cookies and more. The best part about learning to cook sweets is the sampling!

ID# 168000 CHILD-1736-2003 09:00AM-12:00PM S 01/27
Rhonda Ridley Business & Industry Center 134 3.00 Hrs.

Delicious Desserts (Grades 4-8) \$30.00

Delicious desserts such as petit cheesecakes and their toppings, cowboy cookies, and much more!

ID# 168003 CHILD-1736-2004 09:00AM-12:00PM S 02/10
Rhonda Ridley Business & Industry Center 134 3.00 Hrs.

Breakfast Anytime (Grades 4-8) \$30.00

From pancakes, croissants, and homemade syrups, to quiches and omelets come join us as we explore the magical foods we love to call BREAKFAST!

ID# 167997 CHILD-1736-2002 09:00AM-12:00PM S 02/24
Rhonda Ridley Business & Industry Center 134 3.00 Hrs.

Cooking With Your Kids (Grades 4-8) \$20.00

Parents, have fun working with your children as you prepare a meal together that everyone in the family will enjoy. This class will fill up quickly.

ID# 166137 CHILD-1736-3001 07:00PM-09:00PM T 04/10
Chef Rocky Dunnam, CEC, CDM Elizabeth Jane Bivins Culinary Center 2.00 Hrs.
6700 Kilgore Dr. (You will enter at the intersection of Quail Creek and SW 9th St.)

Sweet Treats (Grades 4-8) \$30.00

Make beautiful, scrumptious treats that are ALMOST too pretty to eat! Please note: Peanut and Dairy products will be used. Supplies provided.

ID# 166135 CHILD-1302-3001 09:00AM-12:00PM S 03/03
Tiffany Van Buren Downtown Campus 134 3.00 Hrs.

Cookies, Cupcakes, Candy (Grades 4-8) \$30.00

Learn how to make beautifully decorated treats that are delicious too! Please note: Peanut and dairy products will be used in this camp. Supplies provided.

ID# 166136 CHILD-1518-3001 09:00AM-12:00PM S 05/19
Tiffany Van Buren Downtown Campus 134 3.00 Hrs.

Dance



For additional information please call (806) 356-3668.

Ballet, Tap, Jazz, Hip Hop

Please note that dance classes are listed in order of age, day, and time, starting with Monday. Dance classes are closed instruction classes. Parents are invited to observe classes on designated watch days. Parent Watch Days are assigned by each individual instructor. All students must be toilet trained unless noted in the class description. Please be advised that dance classes are co-ed unless otherwise noted. Male dancers, please call the office for dress code guidelines.

Performing – The following spring classes are a continuation from the fall. Please enroll your dancer in the same class that they attended in the fall semester.

Ballet Beginning (Ages 3-5) \$70.00

Must be completely toilet trained. No diapers or pull-ups. This class focuses on technique for beginning students. Hair pulled back from face, leotard, tights, and pink ballet shoes required.

ID# 166809 DANC-1109-3001	10:00AM-10:30AM	F	01/26 - 05/18
Connie Slagle	West Campus Gym/Dance 107		7.50 Hrs.
ID# 166816 DANC-1109-3002	04:30PM-05:00PM	F	01/26 - 05/18
Calista Maldonado	West Campus Gym/Dance 108		7.50 Hrs.

Ballet & Tap Beginning (Ages 3-5) \$110.00

Must be completely toilet trained. No diapers or pull-ups. Introduction to ballet and tap techniques. Hair pulled back from face, leotard, pink tights, pink ballet and black tap shoes are required.

ID# 166818 DANC-1103-3001	09:00AM-10:00AM	M	01/29 - 05/14
Connie Slagle	West Campus Gym/Dance 108		15.00 Hrs.
ID# 166900 DANC-1103-3002	02:30PM-03:30PM	M	01/29 - 05/14
Marissa Hollar	West Campus Gym/Dance 107		16.00 Hrs.
ID# 166909 DANC-1103-3003	04:30PM-05:30PM	M	01/29 - 05/14
Elizabeth Camp	West Campus Gym/Dance 108		15.00 Hrs.
ID# 167025 DANC-1103-3004	10:00AM-11:00AM	W	01/24 - 05/16
Connie Slagle	West Campus Gym/Dance 107		16.00 Hrs.
ID# 167029 DANC-1103-3005	06:30PM-07:30PM	W	01/24 - 05/16
Connie Slagle	West Campus Gym/Dance 107		16.00 Hrs.
ID# 167030 DANC-1103-3006	05:30PM-06:30PM	R	01/25 - 05/17
Abby Rhodes	West Campus Gym/Dance 107		16.00 Hrs.
ID# 167032 DANC-1103-3007	11:00AM-12:00PM	S	01/27 - 05/19
Elizabeth Camp	West Campus Gym/Dance 108		15.00 Hrs.
ID# 167036 DANC-1103-3008	12:30PM-01:30PM	S	01/27 - 05/19
Ashleigh Guzman	West Campus Gym/Dance 107		15.00 Hrs.

Ballet Beginning (Ages 4-6) \$70.00

Introduction to ballet techniques. Hair pulled back from face, leotard, tights, and pink ballet shoes required.

ID# 166817 DANC-1109-3003	06:00PM-06:30PM	W	01/24 - 05/16
Connie Slagle	West Campus Gym/Dance 107		8.00 Hrs.

Ballet & Tap Beginning (Ages 4-6) \$110.00

Introduction to ballet and tap techniques. Hair pulled back from face, leotard, pink tights, pink ballet and black tap shoes are required.

ID# 167039 DANC-1103-3009	10:30AM-11:30AM	M	01/29 - 05/14
Connie Slagle	West Campus Gym/Dance 108		15.00 Hrs.
ID# 167046 DANC-1103-3010	06:00PM-07:00PM	M	01/29 - 05/14
Elizabeth Camp	West Campus Gym/Dance 108		15.00 Hrs.
ID# 167049 DANC-1103-3011	11:00AM-12:00PM	W	01/24 - 05/16
Connie Slagle	West Campus Gym/Dance 107		16.00 Hrs.
ID# 167051 DANC-1103-3012	04:00PM-05:00PM	R	01/25 - 05/17
Connie Slagle	West Campus Gym/Dance 108		16.00 Hrs.
ID# 167054 DANC-1103-3013	11:00AM-12:00PM	S	01/27 - 05/19
Ashleigh Guzman	West Campus Gym/Dance 107		15.00 Hrs.

Ballet & Jazz Beginning (Ages 5-8) \$110.00

This class focuses on technique for beginning to intermediate students. Hair pulled back from face, leotard, pink tights, pink ballet, and jazz shoes required. Jazz shoes will be discussed at first class meeting.

ID# 167055 DANC-1104-3001	06:30PM-07:30PM	R	01/25 - 05/17
Abby Rhodes	West Campus Gym/Dance 107		16.00 Hrs.
ID# 167056 DANC-1104-3002	10:00AM-11:00AM	S	01/27 - 05/19
Elizabeth Camp	West Campus Gym/Dance 108		15.00 Hrs.

Ballet & Jazz Beginning (Ages 5-8) \$190.00

ID# 167059 DANC-1104-3003	03:30PM-04:30PM	MW	01/24 - 05/16
Marissa Hollar	West Campus Gym/Dance 107		31.00 Hrs.

Ballet & Jazz Beginning/Intermediate (Ages 6-9)			\$110.00
ID# 167070 DANC-1104-3004	07:00PM-08:00PM	M	01/29 - 05/14
Elizabeth Camp	West Campus Gym/Dance 108		15.00 Hrs.
ID# 167071 DANC-1104-3005	12:30PM-01:30PM	S	01/27 - 05/19
Elizabeth Camp	West Campus Gym/Dance 108		15.00 Hrs.

Ballet & Tap Beginning/Intermediate (Ages 6-9)			\$110.00
This class focuses on technique for beginning to intermediate students. Hair pulled back from face, leotard, pink tights, pink ballet, and black tap shoes required.			
ID# 167074 DANC-1103-3014	06:30PM-07:30PM	W	01/24 - 05/16
Emily DeJesus	West Campus Gym/Dance 108		16.00 Hrs.
ID# 167078 DANC-1103-3015	06:00PM-07:00PM	F	01/26 - 05/18
Calista Maldonado	West Campus Gym/Dance 108		15.00 Hrs.

Ballet & Jazz Beginning/Intermediate (Ages 7-12)			\$110.00
ID# 167079 DANC-1104-3006	01:30PM-02:30PM	S	01/27 - 05/19
Elizabeth Camp	West Campus Gym/Dance 108		15.00 Hrs.

Ballet & Jazz Intermediate (Ages 7-12)			\$190.00
ID# 167081 DANC-1104-3007	04:30PM-05:30PM	TR	01/23 - 05/17
Abby Rhodes	West Campus Gym/Dance 107		32.00 Hrs.

Ballet & Tap Beginning (Ages 8-16)			\$110.00
ID# 167088 DANC-1103-3016	10:00AM-11:00AM	S	01/27 - 05/19
Ashleigh Guzman	West Campus Gym/Dance 107		15.00 Hrs.

Ballet & Tap Intermediate (Ages 9-13)			\$110.00
This class focuses on technique for intermediate students. Hair pulled back from face, leotard, pink tights, pink ballet, and black tap shoes required.			
ID# 167091 DANC-1103-3017	01:30PM-02:30PM	S	01/27 - 05/19
Ashleigh Guzman	West Campus Gym/Dance 107		15.00 Hrs.

Hip Hop (Ages 6-9)			\$110.00
Hair pulled back from face, and comfortable clothes required.			
ID# 167117 DANC-1107-3001	05:30PM-06:30PM	F	01/26 - 05/18
Abby Rhodes	West Campus Gym/Dance 107		15.00 Hrs.
ID# 167122 DANC-1107-3002	02:30PM-03:30PM	S	01/27 - 05/19
Elizabeth Camp	West Campus Gym/Dance 108		15.00 Hrs.

Hip Hop (Ages 10-13)			\$110.00
ID# 167128 DANC-1107-3003	05:30PM-06:30PM	T	01/23 - 05/15
Abby Rhodes	West Campus Gym/Dance 107		16.00 Hrs.

Non-Performing

Non-performing classes are designed with a focus on technical development with NO recital or costume cost at the end of the semester.

Creative Movement (Ages 3-5)			\$110.00
Dancers should dress in comfortable attire. Ballet shoes are not required.			
ID# 167130 DANC-1011-3001	10:30AM-11:30AM	F	01/26 - 05/18
Connie Slagle	West Campus Gym/Dance 107		15.00 Hrs.

Ballet Beginning (Ages 3-5)			\$70.00
Must be completely toilet trained. No diapers or pull-ups. This class focuses on beginning ballet to fun kid's music. Hair pulled back off face, leotard, tights, and pink ballet shoes are required.			
ID# 167132 DANC-1010-3001	03:00PM-03:30PM	W	01/24 - 05/16
Marissa Hollar	West Campus Gym/Dance 107		8.00 Hrs.

Ballet Technique Intermediate/Advanced (Ages 9-18)			\$150.00
ID# 167137 DANC-1119-3001	05:00PM-06:30PM	W	01/24 - 05/16
Emily DeJesus	West Campus Gym/Dance 108		24.00 Hrs.

Pre-Pointe Technique			\$145.00
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Prerequisite: Instructor approval only. This class will focus on correct body placement, stretching, strengthening, and vocabulary. Correct technique for turns and jumps will be taught. Hair pulled back from face, leotard, pink tights and pink ballet shoes required.

ID# 167135 DANC-1125-3001 05:30PM-07:00PM M 01/29 - 05/14
Marissa Hollar West Campus Gym/Dance 107 22.50 Hrs.

Fencing

Youth Fencing (Ages 8-12) \$89.00

For children who have had less than 3 semesters of fencing instruction. Beginning instruction in the basic principles of modern sport fencing. Introduces basic techniques of the foil and épée. All equipment for students is provided. Instructors are professional members of USA Fencing.

ID# 166129 CHILD-2700-3001 07:00PM-08:30PM M 01/22 - 05/07
Kala Simpson WSC Russell Hall 103 22.50 Hrs.

Fencing Beginning (Ages 13-Adult) \$106.00

This class is for students, ages 13 to adult who have less than 3 semesters of fencing instruction. Provides beginning instruction in the basic principles of modern sport fencing. Introduces basic techniques of the foil and epee. Depending on student interest, some instruction in the techniques of the sabre may be available. All equipment for students in this class is provided. The instructors are professional members of USA Fencing.

ID# 166130 HER-1056-3001 07:00PM-08:30PM R 01/18 - 05/10
Bary Nusz/Mathew Gasparovich WSC Russell Hall 104 24.00 Hrs.

Fencing Competitive (Ages 13-Adult) \$100.00

For students who are or want to be competitive fencers. Students in this class are required to be outfitted in full USA Fencing regulation standard uniform and all necessary foil and epee equipment. Depending on the student's experience, the class provides beginning, intermediate or advanced instruction in the basic principles of modern sport fencing and emphasizes instruction in the techniques of the foil, epee and to a lesser extent, sabre. The class consists of drills, sparring and competitive bouts.

ID# 166133 HER-1055-3001 10:00AM-11:30AM S 01/20 - 05/05
Bary Nusz/Mathew Gasparovich WSC Russell Hall 104 22.50 Hrs.

Golf

Golf Camp (Grades 6-12) \$79.00

Learn the basics of golf: how to putt, chip and drive the ball. Each student will need: golf glove, putter, wedge, 7 iron, and driver. Please dress for weather conditions.

ID# 166632 CHILD-1026-3001 09:00AM-12:00PM TWR 03/13 - 03/15
Devonte Landers Preston West Golf Course 9101 S Coulter St. 9.00 Hrs.

Golf for Parent & Child (Ages 8-Adult) \$45.00

Parent/child golf lessons. Both of you enroll. Learn the basics of golf: how to putt, chip and drive the ball. Each student will need: golf glove, putter, wedge, 7 iron, and driver. Please dress for weather conditions.

ID# 166651 CHILD-1026-3004 06:00PM-07:30PM M 04/30 - 05/07
Devonte Landers Preston West Golf Course 9101 S Coulter St. 3.00 Hrs.

Gymnastics



For additional information please call (806) 356-3668.

Except for "Mommy and Me" classes, gymnastics students must be completely toilet trained. There are no more than 12 students per instructor. All gymnastics instructors are CPR and First Aid certified. Please note that the gymnastics classes are in order of level, age, day and time, starting with Monday. Parent Watch Day will be announced the first class day and will also be posted on the bulletin board in the lobby. Please be advised all classes are co-ed unless otherwise noted.

We have two locations on the West Campus for gymnastics:

Building B Room 107 & Gym/Dance Room 101.

Mommy & Me Music, Dance & Tumble (Ages 1.5-4) \$110.00

Consists of music, movement and beginning gymnastics skills with an emphasis on balance and coordination. Child should wear comfortable attire. No dance shoes are required. Parent participation class. (Parent does not enroll in the class, only their child.) Parent is required to stay and help their gymnast. All pieces of equipment taught. No siblings are allowed that are not enrolled in the class.

ID# 167022 CHILD-1065-3001	11:00AM-12:00PM	W	01/17 - 05/09
Mystic Davis	West Campus Gym/Dance 101		16.00 Hrs.

Mommy & Me (Ages 2-4) \$110.00

Parent participation class. (Parent does not enroll in the class, only their child.) Parent is required to stay and help the gymnast. All pieces of equipment taught. No siblings are allowed that are not enrolled in the class.

ID# 167031 CHILD-1065-3002	10:00AM-11:00AM	M	01/22 - 05/07
Brandi Urquhart	West Campus Building B 107		15.00 Hrs.
ID# 167033 CHILD-1065-3003	07:00PM-08:00PM	M	01/22 - 05/07
Kailey Whittington	West Campus Building B 107		15.00 Hrs.
ID# 167034 CHILD-1065-3004	10:00AM-11:00AM	T	01/16 - 05/08
Sierra McClure	West Campus Building B 107		16.00 Hrs.
ID# 167038 CHILD-1065-3005	06:00PM-07:00PM	T	01/16 - 05/08
Emma Widowski	West Campus Building B 107		16.00 Hrs.
ID# 167040 CHILD-1065-3006	10:30AM-11:30AM	W	01/17 - 05/09
Brandi Urquhart	West Campus Building B 107		16.00 Hrs.
ID# 167041 CHILD-1065-3007	06:00PM-07:00PM	W	01/17 - 05/09
Mystic Davis	West Campus Building B 107		16.00 Hrs.
ID# 167042 CHILD-1065-3008	10:00AM-11:00AM	F	01/19 - 05/11
Brandi Urquhart	West Campus Building B 107		15.00 Hrs.
ID# 167044 CHILD-1065-3009	09:00AM-10:00AM	S	01/20 - 05/12
Kailey Whittington	West Campus Building B 107		15.00 Hrs.

Level 1 (Ages 2-4) \$110.00

Must be completely toilet trained, no diapers or pull-ups. All pieces of equipment taught. Emphasis on balance and coordination.

ID# 167050 CHILD-1075-3001	09:00AM-10:00AM	M	01/22 - 05/07
Mystic Davis	West Campus Building B 107		15.00 Hrs.
ID# 167052 CHILD-1075-3002	04:00PM-05:00PM	M	01/22 - 05/07
Emma Widowski	West Campus Building B 107		15.00 Hrs.

ID# 167053 CHILD-1075-3003	05:00PM-06:00PM	T	01/16 - 05/08
Emma Widowski	West Campus Building B 107		16.00 Hrs.
ID# 167057 CHILD-1075-3004	09:00AM-10:00AM	W	01/17 - 05/09
Megan Schenk	West Campus Building B 107		16.00 Hrs.
ID# 167058 CHILD-1075-3005	09:00AM-10:00AM	F	01/19 - 05/11
Abbie Jurado	West Campus Building B 107		15.00 Hrs.
ID# 167060 CHILD-1075-3006	05:00PM-06:00PM	F	01/19 - 05/11
Kate Martin	West Campus Building B 107		15.00 Hrs.
ID# 167061 CHILD-1075-3007	11:00AM-12:00PM	S	01/20 - 05/12
Morgan Hare	West Campus Building B 107		15.00 Hrs.

Level 1 (Ages 3-5)

\$110.00

Must be completely toilet trained, no diapers or pull-ups. All pieces of equipment taught. Emphasis on balance and coordination.

ID# 167062 CHILD-1075-3008	09:00AM-10:00AM	M	01/22 - 05/07
Brandi Urquhart	West Campus Building B 107		15.00 Hrs.
ID# 167063 CHILD-1075-3009	11:00AM-12:00PM	M	01/22 - 05/07
Mystic Davis	West Campus Building B 107		15.00 Hrs.
ID# 167065 CHILD-1075-3010	05:00PM-06:00PM	M	01/22 - 05/07
Jessica Romo	West Campus Building B 107		15.00 Hrs.
ID# 167066 CHILD-1075-3011	06:00PM-07:00PM	M	01/22 - 05/07
Emma Widowski	West Campus Building B 107		16.00 Hrs.
ID# 167067 CHILD-1075-3012	11:00AM-12:00PM	T	01/16 - 05/08
Sierra McClure	West Campus Building B 107		16.00 Hrs.
ID# 167068 CHILD-1075-3013	05:00PM-06:00PM	T	01/16 - 05/08
Tess Homer	West Campus Building B 107		16.00 Hrs.
ID# 167072 CHILD-1075-3014	10:00AM-11:00AM	W	01/17 - 05/09
Megan Schenk	West Campus Building B 107		16.00 Hrs.
ID# 167073 CHILD-1075-3015	11:30AM-12:30PM	W	01/17 - 05/09
Brandi Urquhart	West Campus Building B 107		16.00 Hrs.
ID# 167075 CHILD-1075-3016	04:00PM-05:00PM	W	01/17 - 05/09
Mystic Davis	West Campus Building B 107		16.00 Hrs.
ID# 167080 CHILD-1075-3017	05:00PM-06:00PM	W	01/17 - 05/09
Jessica Romo	West Campus Building B 107		16.00 Hrs.
ID# 167089 CHILD-1075-3018	04:00PM-05:00PM	R	01/18 - 05/10
Madison Walterscheid	West Campus Building B 107		16.00 Hrs.
ID# 167092 CHILD-1075-3019	06:00PM-07:00PM	R	01/18 - 05/10
Emma Widowski	West Campus Building B 107		16.00 Hrs.
ID# 167104 CHILD-1075-3020	10:00AM-11:00AM	F	01/19 - 05/11
Abbie Jurado	West Campus Building B 107		15.00 Hrs.
ID# 167105 CHILD-1075-3021	11:00AM-12:00PM	F	01/19 - 05/11
Brandi Urquhart	West Campus Building B 107		15.00 Hrs.
ID# 167106 CHILD-1075-3022	04:00PM-05:00PM	F	01/19 - 05/11
Kate Martin	West Campus Building B 107		15.00 Hrs.
ID# 167107 CHILD-1075-3023	10:00AM-11:00AM	S	01/20 - 05/12
Kailey Whittington	West Campus Building B 107		15.00 Hrs.
ID# 167111 CHILD-1075-3024	12:00PM-01:00PM	S	01/20 - 05/12
Morgan Hare	West Campus Building B 107		15.00 Hrs.

Level 1 (Ages 4-7)

\$110.00

Emphasis on beginning gymnastics. All pieces of equipment taught.

ID# 167114 CHILD-1081-3001	10:00AM-11:00AM	M	01/22 - 05/07
Mystic Davis	West Campus Building B 107		15.00 Hrs.
ID# 167115 CHILD-1081-3002	05:00PM-06:00PM	M	01/22 - 05/07
Emma Widowski	West Campus Building B 107		15.00 Hrs.
ID# 167116 CHILD-1081-3003	04:00PM-05:00PM	T	01/16 - 05/08
Tess Homer	West Campus Building B 107		16.00 Hrs.
ID# 167118 CHILD-1081-3004	09:30AM-10:30AM	W	01/17 - 05/09
Brandi Urquhart	West Campus Building B 107		16.00 Hrs.
ID# 167119 CHILD-1081-3005	05:00PM-06:00PM	W	01/17 - 05/09
Mystic Davis	West Campus Building B 107		16.00 Hrs.
ID# 167120 CHILD-1081-3006	05:00PM-06:00PM	R	01/18 - 05/10
Madison Walterscheid	West Campus Building B 107		16.00 Hrs.
ID# 167123 CHILD-1081-3007	11:00AM-12:00PM	F	01/19 - 05/11
Abbie Jurado	West Campus Building B 107		15.00 Hrs.
ID# 167125 CHILD-1081-3008	04:00PM-05:00PM	F	01/19 - 05/11

Kailey Whittington West Campus Building B 107 15.00 Hrs.

Levels 1-2 (Ages 4-7)

\$110.00

Emphasis on beginning gymnastics. All pieces of equipment taught.

ID# 167127 CHILD-1081-3009	11:00AM-12:00PM	M	01/22 - 05/07
Brandi Urquhart	West Campus Building B 107		15.00 Hrs.
ID# 167129 CHILD-1081-3010	12:00PM-01:00PM	M	01/22 - 05/07
Mystic Davis	West Campus Building B 107		15.00 Hrs.
ID# 167131 CHILD-1081-3011	06:00PM-07:00PM	M	01/22 - 05/07
Kailey Whittington	West Campus Building B 107		15.00 Hrs.
ID# 167133 CHILD-1081-3012	06:00PM-07:00PM	T	01/16 - 05/08
Tess Homer	West Campus Building B 107		16.00 Hrs.
ID# 167134 CHILD-1081-3013	11:00AM-12:00PM	W	01/17 - 05/09
Megan Schenk	West Campus Building B 107		16.00 Hrs.
ID# 167138 CHILD-1081-3014	12:30PM-01:30PM	W	01/17 - 05/09
Brandi Urquhart	West Campus Building B 107		16.00 Hrs.
ID# 167139 CHILD-1081-3015	07:00PM-08:00PM	W	01/17 - 05/09
Jessica Romo	West Campus Building B 107		16.00 Hrs.
ID# 167183 CHILD-1081-3016	06:00PM-07:00PM	R	01/18 - 05/10
Kelsey Moreshead	West Campus Building B 107		16.00 Hrs.
ID# 167184 CHILD-1081-3017	09:00AM-10:00AM	F	01/19 - 05/11
Brandi Urquhart	West Campus Building B 107		15.00 Hrs.
ID# 167185 CHILD-1081-3018	05:00PM-06:00PM	F	01/19 - 05/11
Kailey Whittington	West Campus Building B 107		15.00 Hrs.
ID# 167186 CHILD-1081-3019	10:00AM-11:00AM	S	01/20 - 05/12
Morgan Hare	West Campus Building B 107		15.00 Hrs.
ID# 167187 CHILD-1081-3020	11:00AM-12:00PM	S	01/20 - 05/12
Kailey Whittington	West Campus Building B 107		15.00 Hrs.
ID# 167188 CHILD-1081-3021	12:00PM-01:00PM	S	01/20 - 05/12
Kailey Whittington	West Campus Building B 107		15.00 Hrs.

Levels 1-2 (Ages 4-7)

\$190.00

ID# 167189 CHILD-1081-3022	04:00PM-05:00PM	MW	01/17 - 05/09
Jessica Romo	West Campus Building B 107		31.00 Hrs.
ID# 167190 CHILD-1081-3023	04:00PM-05:00PM	TR	01/16 - 05/10
Emma Widowski	West Campus Building B 107		32.00 Hrs.

Levels 1-2 Boys (Ages 4-7)

\$110.00

Prerequisite: This is a boy's only class. Emphasis on beginning men's gymnastics. This class follows USAG Men's Gymnastics Programs.

ID# 167199 CHILD-1087-3001	04:00PM-05:00PM	M	01/22 - 05/07
Cindy Bird	West Campus Gym/Dance 101		15.00 Hrs.
ID# 167200 CHILD-1087-3002	06:00PM-07:00PM	T	01/16 - 05/08
Tabra Elliott	West Campus Gym/Dance 101		16.00 Hrs.
ID# 167201 CHILD-1087-3003	12:00PM-01:00PM	S	01/20 - 05/12
Tabra Elliott	West Campus Gym/Dance 101		15.00 Hrs.

Levels 1-2 Boys (Ages 8-11)

\$110.00

Prerequisite: This is a boy's only class. Emphasis on beginning men's gymnastics. This class follows USAG Men's Gymnastics Programs.

ID# 167202 CHILD-1087-3004	07:00PM-08:00PM	M	01/22 - 05/07
Kate Martin	West Campus Gym/Dance 101		15.00 Hrs.
ID# 167203 CHILD-1087-3005	04:00PM-05:00PM	T	01/16 - 05/08
Scott Taute	West Campus Gym/Dance 101		16.00 Hrs.
ID# 167204 CHILD-1087-3006	06:30PM-07:30PM	W	01/17 - 05/09
Riana Diegelman	West Campus Gym/Dance 101		16.00 Hrs.

Homeschool Levels 1-2 (Ages 5-16)

\$110.00

Designed for homeschooled children. All pieces of equipment taught.

ID# 167205 CHILD-1109-3001	09:00AM-10:00AM	M	01/22 - 05/07
Jennifer King	West Campus Gym/Dance 101		15.00 Hrs.

Levels 1-2 (Ages 8-11)

\$110.00

ID# 167191 CHILD-1081-3024	06:00PM-07:00PM	M	01/22 - 05/07
Cindy Bird	West Campus Gym/Dance 101		15.00 Hrs.
ID# 167192 CHILD-1081-3025	05:30PM-06:30PM	W	01/17 - 05/09

Riana Diegelman	West Campus Gym/Dance 101	16.00 Hrs.
ID# 167193 CHILD-1081-3026	05:00PM-06:00PM R	01/18 - 05/10
Mystic Davis	West Campus Gym/Dance 101	16.00 Hrs.
ID# 167194 CHILD-1081-3027	07:00PM-08:00PM R	01/18 - 05/10
Riana Diegelman	West Campus Gym/Dance 101	16.00 Hrs.
ID# 167195 CHILD-1081-3028	06:30PM-07:30PM F	01/19 - 05/11
Jessica Romo	West Campus Gym/Dance 101	15.00 Hrs.
ID# 167196 CHILD-1081-3029	11:00AM-12:00PM S	01/20 - 05/12
Kate Martin	West Campus Gym/Dance 101	15.00 Hrs.

Levels 1-2 (Ages 8-11) \$190.00

ID# 167197 CHILD-1081-3030	05:00PM-06:00PM MW	01/17 - 05/09
Cindy Bird	West Campus Gym/Dance 101	31.00 Hrs.

Levels 1-2 (Ages 8-16) \$110.00

ID# 167198 CHILD-1081-3031	06:00PM-07:00PM M	01/22 - 05/07
Riana Diegelman	West Campus Gym/Dance 101	15.00 Hrs.

Level 2 (Ages 4-7) \$110.00

Prerequisite: Beginning Level 1 class. Must be able to perform cartwheels, handstands, and round-offs without assistance. All pieces of equipment taught.

ID# 167206 CHILD-1117-3001	12:00PM-01:00PM M	01/22 - 05/07
Brandi Urquhart	West Campus Building B 107	15.00 Hrs.
ID# 167207 CHILD-1117-3002	07:00PM-08:00PM W	01/17 - 05/09
Mystic Davis	West Campus Building B 107	16.00 Hrs.
ID# 167208 CHILD-1117-3003	07:00PM-08:00PM R	01/18 - 05/10
Kelsey Moreshead	West Campus Building B 107	16.00 Hrs.

Level 2 (Ages 8-11) \$110.00

Prerequisite: Beginning Level 1 class. Must be able to perform cartwheels, handstands, and round-offs without assistance. All pieces of equipment taught.

ID# 167209 CHILD-1117-3004	05:00PM-06:00PM T	01/16 - 05/08
Tabra Elliott	West Campus Gym/Dance 101	16.00 Hrs.
ID# 167210 CHILD-1117-3005	06:30PM-07:30PM F	01/19 - 05/11
Tabra Elliott	West Campus Gym/Dance 101	15.00 Hrs.

Level 2 (Ages 12-16) \$110.00

Prerequisite: Beginning Level 1 class. Must be able to perform cartwheels, handstands, and round-offs without assistance. All pieces of equipment taught.

ID# 167211 CHILD-1117-3006	06:00PM-07:00PM W	01/17 - 05/09
Cindy Bird	West Campus Gym/Dance 101	16.00 Hrs.

Levels 2-3 (Ages 4-7) \$110.00

Prerequisite: Beginning Level 1 class. Must be able to perform cartwheels, handstands, and round-offs without assistance. All pieces of equipment taught.

ID# 167212 CHILD-1117-3007	06:00PM-07:00PM T	01/16 - 05/08
Morgan Hare	West Campus Gym/Dance 101	16.00 Hrs.
ID# 167213 CHILD-1117-3008	06:00PM-07:00PM R	01/18 - 05/10
Mystic Davis	West Campus Gym/Dance 101	16.00 Hrs.
ID# 167214 CHILD-1117-3009	11:00AM-12:00PM S	01/20 - 05/12
Tabra Elliott	West Campus Gym/Dance 101	15.00 Hrs.

Levels 2-3 (Ages 4-7) \$190.00

ID# 167215 CHILD-1117-3010	04:00PM-05:00PM TR	01/16 - 05/10
Abbie Jurado	West Campus Gym/Dance 101	32.00 Hrs.
ID# 167216 CHILD-1117-3011	04:30PM-05:30PM TR	01/16 - 05/10
Jessica Romo	West Campus Gym/Dance 101	32.00 Hrs.

Homeschool Levels 2-3 (Ages 5-16) \$110.00

Prerequisites: Beginning level 1 class. Must be able to perform cartwheels, handstands, and round-offs without assistance. Designed for homeschooled children. All pieces of equipment taught.

ID# 167217 CHILD-1110-3001	10:00AM-11:00AM M	01/22 - 05/07
Jennifer King	West Campus Gym/Dance 101	15.00 Hrs.

Levels 2-3 (Ages 8-11) \$110.00

ID# 167219 CHILD-1117-3012	05:00PM-06:00PM	M	01/22 - 05/07
Kate Martin	West Campus Gym/Dance 101		15.00 Hrs.
ID# 167220 CHILD-1117-3013	06:00PM-07:00PM	M	01/22 - 05/07
Morgan Richardson	West Campus Gym/Dance 101		15.00 Hrs.
ID# 167222 CHILD-1117-3014	07:00PM-08:00PM	M	01/22 - 05/07
Riana Diegelman	West Campus Gym/Dance 101		15.00 Hrs.
ID# 167223 CHILD-1117-3015	05:30PM-06:30PM	T	01/16 - 05/08
Jessica Romo	West Campus Gym/Dance 101		16.00 Hrs.
ID# 167224 CHILD-1117-3016	04:00PM-05:00PM	W	01/17 - 05/09
Cindy Bird	West Campus Gym/Dance 101		16.00 Hrs.
ID# 167225 CHILD-1117-3017	06:00PM-07:00PM	W	01/17 - 05/09
Morgan Richardson	West Campus Gym/Dance 101		16.00 Hrs.
ID# 167226 CHILD-1117-3018	07:00PM-08:00PM	R	01/18 - 05/10
Mystic Davis	West Campus Gym/Dance 101		16.00 Hrs.
ID# 167227 CHILD-1117-3019	10:00AM-11:00AM	S	01/20 - 05/12
Kate Martin	West Campus Gym/Dance 101		15.00 Hrs.

Levels 2-3 (Ages 8-11)			\$190.00
ID# 167232 CHILD-1117-3020	06:30PM-07:30PM	TR	01/16 - 05/10
Jessica Romo	West Campus Gym/Dance 101		32.00 Hrs.

Levels 2-3 (Ages 12-16)			\$110.00
ID# 167233 CHILD-1117-3021	05:30PM-06:30PM	R	01/18 - 05/10
Jessica Romo	West Campus Gym/Dance 101		16.00 Hrs.
ID# 167234 CHILD-1117-3022	05:30PM-06:30PM	F	01/19 - 05/11
Jessica Romo	West Campus Gym/Dance 101		15.00 Hrs.

Levels 3-4 (Ages 8-16)			\$190.00
Prerequisite: Beginning Level 2 class. Must be able to perform back-handsprings without assistance. All pieces of equipment taught.			

ID# 167237 CHILD-1116-3001	05:00PM-06:00PM	MW	01/17 - 05/09
Morgan Richardson	West Campus Gym/Dance 101		31.00 Hrs.

Levels 3-4 (Ages 8-16)			\$110.00
ID# 167239 CHILD-1116-3002	07:00PM-08:00PM	T	01/16 - 05/08
Morgan Hare	West Campus Gym/Dance 101		16.00 Hrs.
ID# 167241 CHILD-1116-3003	05:00PM-06:00PM	R	01/18 - 05/10
Riana Diegelman	West Campus Gym/Dance 101		16.00 Hrs.

Homeschool Levels 3-5 (Ages 5-16)			\$110.00
Prerequisite: Beginning Level 2 class. Must be able to perform back-handsprings without coach assistance. Designed for homeschooled children. All pieces of equipment taught.			

ID# 167243 CHILD-1080-3001	11:00AM-12:00PM	M	01/22 - 05/07
Jennifer King	West Campus Gym/Dance 101		15.00 Hrs.

Pre-Team Levels 2-3 Girls (Ages 5-18)			\$265.00
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Prerequisite: By approval of instructor only. You must try-out and be invited to enroll in the class. Class follows USAG Women's Artistic Gymnastics.

ID# 167247 CHILD-1125-3001	04:00PM-05:30PM	MW	01/17 - 05/09
Abbie Jurado	West Campus Gym/Dance 101		46.50 Hrs.

Advanced Boys (Ages 6-18)			\$150.00
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Prerequisite: This is a boy's only class. By instructor approval only. Class follows USAG Men's Gymnastics Programs.

ID# 167255 CHILD-1105-3001	05:00PM-06:30PM	T	01/16 - 05/08
Scott Taute	West Campus Gym/Dance 101		24.00 Hrs.

Advanced Boys (Ages 6-18)			\$270.00
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Prerequisite: This is a boy's only class. By instructor approval only. Class follows USAG Men's Gymnastics Programs.

ID# 167258 CHILD-1105-3002	05:00PM-06:30PM	TR	01/16 - 05/10
Scott Taute	West Campus Gym/Dance 101		48.00 Hrs.

[Ice Skating](#)

For additional information please call (806) 356-3668.

Ice Skating Beginning (Ages 5-8)**\$158.00**

Introduction to basic ice skating skills. Learn to glide forward and backward, stop, turn, fall, and get up. Class follows USFS Basic Skills curriculum. Rental skates are included in the course fee, but wrist guards and skating or hockey style helmets are required. Due to ice rink availability, occasional variations in schedule will be necessary.

ID# 167136 CHILD-1122-3001 12:00PM-01:30PM S 01/20 - 02/24
Svetlana Petrey Amarillo Civic Center Coliseum 9.00 Hrs.

Ice Skating Beginning (Ages 9-18)**\$158.00**

ID# 167141 CHILD-1122-3002 12:00PM-01:30PM S 01/20 - 02/24
Alicia Eaton-Spoll Amarillo Civic Center Coliseum 9.00 Hrs.

Martial Arts**Introduction to Goju Ryu Karate (Ages 5-11)****\$31.00**

Children gain substantial rewards from the practice of Goju Ryu Karate such as confidence, discipline, focus and self-control. Class consists of fun exercises and drills designed to improve fitness, and provide physical skills that will last a life time. Positive reinforcement is used to encourage excellence in performance and behavior. An all-white karate gi (uniform) is required and will be discussed at first class meeting.

ID# 166354 CHILD-1166-3001 06:00PM-07:00PM T 01/16 - 03/06
ID# 166355 CHILD-1166-3002 06:00PM-07:00PM T 03/20 - 05/08
ID# 166356 CHILD-1166-3003 06:00PM-07:00PM R 01/18 - 03/08
ID# 166357 CHILD-1166-3004 06:00PM-07:00PM R 03/22 - 05/10
Lee Gray Amarillo Martial Arts Center 8.00 Hrs.
3101 S. Western, Suite 3

Tiny Tigers Jeet Kune Do (Grades K-2)**\$64.00**

Tiny Tigers will be taught various self-defense principles and techniques which are designed to subdue, control and defeat an assailant. Course is fun, nontraditional and easy to learn.

ID# 166155 CHILD-1339-3001 09:00AM-10:00AM S 01/20 - 05/05
Michael Watson Downtown Campus Nixson Gym 102C 14.00 Hrs.

Jr Dragons Jeet Kune Do (Grades 3-6)**\$64.00**

Jr Dragons will be taught various self-defense principles and techniques which are designed to subdue, control and defeat an assailant. Course is fun, nontraditional and easy to learn.

ID# 166156 CHILD-1339-3002 10:00AM-11:00AM S 01/20 - 05/05
Michael Watson Downtown Campus Nixson Gym 102C 14.00 Hrs.

Music - Suzuki

For additional information please visit www.actx.edu/suzuki or call (806) 371-5340.

This supportive learning environment is the perfect place for parents and children to develop a creative, cooperative learning partnership to learn to play the following instruments: violin, viola, cello, guitar, flute, and piano. Weekly private and group instruction, monthly play-ins, solo recitals, and the annual group recital are all components of this complete Suzuki experience. Since 1977, the AC Suzuki Program has offered highly qualified and trained Suzuki instructors to support and train growing talent in all students, ages 3-18.

Orff Music Prek-1st Grade**\$75.00**

Music, rhythm, and movement class using Orff instruments and techniques with an emphasis on preparing and/or strengthening student skills for Suzuki instrumental study. This section is open to those NOT currently enrolled in the Suzuki Program.

ID# 166157 SUZ-8099-3001 03:45PM-04:15PM W 01/24 - 05/02
Cassandra Hussey WSC Music Building 204 7.00 Hrs.

Advanced String Ensemble (Grades 6-12)**\$95.00**

Build music reading and theory skills from basic fundamentals through string orchestra and ensembles with Suzuki violin, viola & cello students. For middle and high school students with a minimum of three years experience who are playing at the following

MINIMUM levels: violin: La Folia (Suzuki Book 6), viola: Telemann Concerto (Suzuki Book 4), cello: Marcello Sonata in E Minor (Suzuki Book 4). This section is for those NOT enrolled as Suzuki Program students.

ID# 166158 SUZ-9099-3001 05:00PM-05:45PM W 01/24 - 05/02
Camille Nies WSC Concert Hall Common Lobby 11.25 Hrs.

Power Tumbling & Trampoline

For additional information please call (806) 356-3668.

There are no more than 12 students per instructor. All power tumbling and trampoline instructors are CPR and First Aid certified. Please note that Friday and Saturday classes begin earlier than the Monday classes this semester ONLY. Otherwise the power tumbling and trampoline classes are in order of level, age, day and time, starting with Monday. Parent Watch Day in the Main Gym/Dance Room 101 is the first class day and the last class day of each semester. Please be advised all classes are co-ed unless otherwise noted.

Power Tumbling & Trampoline Level 1 (Ages 4-7) \$110.00

Beginning power tumbling and trampoline only.

ID# 167246 CHILD-2350-3001	04:00PM-05:00PM	M	01/22 - 05/07
Kate Martin	WC Gym/Dance 101		15.00 Hrs.
ID# 167257 CHILD-2350-3007	07:00PM-08:00PM	M	01/22 - 05/07
Abbie Jurado	WC Gym/Dance 101		15.00 Hrs.
ID# 167250 CHILD-2350-3002	05:00PM-06:00PM	T	01/22 - 05/14
Dani Berryman	WC Gym/Dance 101		16.00 Hrs.
ID# 167252 CHILD-2350-3003	05:00PM-06:00PM	R	01/18 - 05/10
Abbie Jurado	WC Gym/Dance 101		16.00 Hrs.
ID# 167253 CHILD-2350-3004	06:00PM-07:00PM	R	01/18 - 05/10
Scott Taute	WC Gym/Dance 101		16.00 Hrs.
ID# 167254 CHILD-2350-3005	04:30PM-05:30PM	F	01/19 - 05/11
Jessica Romo	WC Gym/Dance 101		15.00 Hrs.
ID# 167256 CHILD-2350-3006	10:00AM-11:00AM	S	01/20 - 05/12
Tabra Elliott	WC Gym/Dance 101		15.00 Hrs.

Power Tumbling & Trampoline Level 1-2 (Ages 8-11) \$110.00

ID# 167260 CHILD-2350-3008	06:30PM-07:30PM	T	01/16 - 05/08
Scott Taute	WC Gym/Dance 101		16.00 Hrs.
ID# 167261 CHILD-2350-3009	05:30PM-06:30PM	W	01/17 - 05/09
Kelsey Moreshead	WC Gym/Dance 101		16.00 Hrs.
ID# 167262 CHILD-2350-3010	06:00PM-07:00PM	R	01/18 - 05/10
Riana Diegelman	WC Gym/Dance 101		16.00 Hrs.
ID# 167263 CHILD-2350-3011	12:00PM-01:00PM	S	01/20 - 05/12
Kate Martin	WC Gym/Dance 101		15.00 Hrs.

Power Tumbling & Trampoline Level 2 (Ages 8-11) \$110.00

Prerequisites: Beginning Levels 1-2 class. Must be able to perform back-handsprings without coach assistance. Power tumbling and trampoline only.

ID# 167264 CHILD-1132-3001	06:00PM-07:00PM	T	01/16 - 05/08
Kate Martin	WC Gym/Dance 101		16.00 Hrs.

Power Tumbling & Trampoline Levels 2-3 (Ages 12-16) \$110.00

ID# 167277 CHILD-1132-3002	06:30PM-07:30PM	W	01/17 - 05/09
Kelsey Moreshead	WC Gym/Dance 101		16.00 Hrs.
ID# 167278 CHILD-1132-3003	07:00PM-08:00PM	R	01/18 - 05/10
Scott Taute	WC Gym/Dance 101		16.00 Hrs.

Zumba

Zumba (Ages 4-9) \$52.00

Perfect for our younger Zumba® fans! Kids get the chance to socialize with friends and jam out to their favorite music. Zumba® Kids, Jr classes are rockin', high-energy dance parties packed with kid-friendly routines. We break down steps, add games, activities and cultural exploration elements into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives. Classes incorporate key childhood

development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, balance and cultural awareness.

ID# 166616 CHILD-1737-3001 10:00AM-11:00AM S 01/20 - 04/14
Anita Trevino Downtown Campus Nixson Gym 200 11.00 Hrs.

Seniors' College

The following classes are specifically designed for those age 50 and older. Unless otherwise noted, you must be age 50 or older or have permission of the instructor to take one of the classes. For additional information, please call (806) 371-2920.

Arts and Crafts

Acrylic Painting Beginning/Intermediate \$55.00

Beginning, intermediate, and advanced class. Students must furnish own art supplies.

Pickup supply list, 1314 S. Polk, Room 123, and have supplies before first class meeting.

ID# 166335 SRCIT-1024-3001 09:00AM-12:00PM M 01/22 - 04/30
Linda Parker/Donna Cobb Downtown Campus 123 42.00 Hrs.
ID# 166336 SRCIT-1024-3002 01:00PM-04:00PM M 01/22 - 04/30
Darl Landis Downtown Campus 123 42.00 Hrs.

Woodcarving Beginning/Intermediate \$55.00

Various projects will be based on level of skill. Must provide own tools. Supply list will be given at first class meeting.

ID# 166337 SRCIT-1951-3002 09:00AM-12:00PM M 01/22 - 04/30
Jack Fuller/Ralph Byrd Downtown Campus 119 42.00 Hrs.
ID# 166338 SRCIT-1951-3003 01:00PM-04:00PM M 01/22 - 04/30
Jack Fuller/Ralph Byrd Downtown Campus 119 42.00 Hrs.

Introduction to Oil Painting \$55.00

Beginning basics of oil painting are taught in this class. Students must furnish own art supplies. Supply list can be picked up at 1314 S. Polk St., Room 123.

ID# 166339 SRCIT-1603-3001 09:00AM-12:00PM T 01/23 - 05/01
Letha Brasell Downtown Campus 123 42.00 Hrs.

Joys of China Painting \$55.00

Students must furnish own art supplies. Supply list will be given at first class meeting.

Paint your own gifts and create family heirlooms in this beautiful art. Pieces will be fired for minimal fee.

ID# 166341 SRCIT-1273-3001 01:00PM-04:00PM T 01/23 - 05/01
Karol Coker Downtown Campus 119 42.00 Hrs.

Drawing and Watercolor Beginning to Advanced \$55.00

Use a variety of subjects and techniques in a relaxed, fun class. Students must furnish own art supplies. Supply list will be given at first class meeting.

ID# 166343 SRCIT-1513-3001 09:00AM-12:00PM R 01/25 - 05/03
Sandy Jones Downtown Campus 119 42.00 Hrs.

Fitness & Health

Zumba® - Gold \$68.00

Takes the Zumba® formula and modifies the moves and pacing to suit the needs of the active older participant as well as those starting or restarting their journey to fitness. Zesty Latin and current music. Exhilarating, easy to follow moves and most of all FUN!

ID# 166596 HER-1012-3001 10:30AM-11:30AM S 01/20 - 05/12
Betty Goodgion WSC Russell Hall 103 15.00 Hrs.